

INTERNSHIP OPPORTUNITIES FROM YOUR PARENT COORDINATOR MS. PINK FALL 2020 EDITION



While internships are not a requisite for college or trade school admittance, the truth is that completing one will undoubtedly give you an extra edge when building up your portfolio, resumé, or college application. At the very least, interning gives you the opportunity to get up close and personal with something you love, whether it be animals, the arts, engineering, or construction. Here are some more reasons why you should consider doing one.

- **Internships Make You Stand Out** — Are you looking for some easy ways to make your college application, essay, or resumé totally dazzle? The truth is that you only get a few minutes to make your application stand out, so anything you can do to catch the eye of the admissions office or hiring manager is worth your time. Internships show that you have well-rounded experience that goes beyond the classroom, and that you're adaptable enough to fit into any environment.
- **Internships Give You a Head Start** — What's amazing about early internships is that they quite literally allow you to see into your future. You'll be able to get an inside look at exactly how your chosen career field operates to determine whether or not it's actually something you can see yourself doing for the long-term. And if you decide the role or field is not for you — that's great! Now you know.





- **Internships Provide Real-World Experience** — Up until now, you may not have had much responsibility outside of school. And while education is crucial, it's not designed to give you real-world experience. With an internship, you're expected to behave like a professional rather than a student. Commuting, interacting with other professionals, and dealing with real-life stressors are the norm, helping you learn a little bit more about what your post-school life will be like.
- **Internships Help You Network** — For many students, internships are the first time they're put in an environment with others in the field or industry where they intend to spend most of their professional lives. You'll meet co-workers and supervisors who are

interested in the same things you are and who have successfully made a career out of it. And, hey, who knows, maybe your boss will still be the boss when you're ready to start your career — that'll definitely give you a leg up!

- **Internships Help You Make Friends** — Before you head off to college or begin your trade, it's healthy to branch out from your high school friends and meet people who have similar career interests as you. When you complete an internship program, you'll automatically be introduced to a number of people with similar goals.



- **Internships Immerse You in What You Love** — A good high school internship is one that puts students face-to-face with the things they're passionate about.

Whether that be natural conservation, animals, politics, science, technology, medicine, film, TV, the arts, or something else entirely, the right internship should be an immersive experience that engages and excites the industry's future professionals. In other words: they're fun!



The Best Internships for High School Students

The most prohibitive factor for interning in high school is scheduling. When you're still a full-time student — perhaps engaged in sports, clubs, and other extracurriculars that suck up a ton of your time — the idea of squeezing in one more thing can seem legitimately impossible. Luckily, there are some

clever ways students find the time to intern without disrupting their busy schedules.

Seek out summer internships, special programs, or workplaces that have evening and weekend hours that might work for you. During this Pandemic (COVID -19) there are Virtual Internships available. Here are some of the opportunities that tend to work well with the typical high school student's schedule.

- **Summer Camps — Summer is primetime for internships, since school is out and many extracurriculars are on hold. If you dream of becoming a teacher, guidance counselor, artist, park ranger, or anything involving children, then you might consider interning at a summer camp. Look for camps that have a greater mission, such as one for underserved kids in your community or kids with disabilities.**
- **Animal Shelters — Animal shelter employees and volunteers work around the clock caring for homeless pets — walking, feeding, administering medicine, and (ideally) doing lots of petting. That means that they will often work with your schedule, allowing you to help out after school or on the weekends. Seek out pet rescue internship opportunities if you dream of someday being a veterinarian, vet tech, groomer, or anything else that**

involves working with animals.



- **The U.S. Secret Service —** Seriously, what high-achieving high school student *wouldn't* want to protect the nation's leaders from harm? The Secret Service has an amazing high school internship program for students age 16 and older. While the job isn't paid, it can earn you academic credit while you learn some amazing new skills. This job brings an excellent opportunity for students who someday intend to go into law enforcement, the military, or government in any capacity.
- **Your Favorite Tech Company —** Google, Microsoft, Apple, Facebook — they all have top-notch high school internship opportunities that are perfect for students who someday dream of going into science, technology, engineering, and math (STEM) fields. Google's Computer Science Summer Institute (CSSI) is a three-week computer science program for high school seniors who

intend to go on to work in technology. Facebook Summer Academy offers a six-week externship to students each summer, with opportunities in finance, human resources, IT, media, communications, and more. Program graduates earn a \$2,700 stipend.

- NASA — If you envision yourself someday heading to the moon, you can totally get your foot in the door with an internship at NASA. The space administration offers full-time high school students an opportunity to intern through various different departments and projects. NASA has many test and research facilities throughout the country, so you don't necessarily have to move to Houston or D.C. for the job! Most NASA interns also receive a stipend upon completion, depending on the length of the internship.



- **Zoos and Aquariums** — Anyone with an interest in wildlife and animals may consider interning at a zoo or aquarium. Each summer, student interns help zoos run throughout the busiest season of the year, assisting with summer camps, educational programs, and daily zoo duties. This would be an amazing opportunity for any high schooler who dreams of getting up close and personal with wildlife!
- **Medical Programs** — Because of issues of patient privacy and high training requirements, it's not often easy nor practical to intern in a doctor's office, hospital, or clinic as a high school student. However, there are a number of amazing medical internship programs throughout the country that can introduce you to fundamental healthcare concepts while you're still in high school. Some examples are the Medical Immersion Summer Academy (MISA) and the Arthritis Foundation Summer Science Internship Program. Interested in public health? The Centers for Disease Control and Prevention (CDC) offers the CDC Museum Disease Detective Camp for high school juniors and seniors every summer.
- **Political Campaigns** — Political campaigns at every level, whether for city council or president of the United States, rely on volunteers and interns for success. Summer and fall are primetime for political internships, with most major elections taking place in November. You can seek out opportunities locally or find room and board internship programs in Washington, D.C. or in your state's Capitol. This is a great avenue for students who aspire to work in politics, social justice, or law.



- **Film and TV — If you've ever dreamed of someday working in Hollywood, don't overlook the film and TV production internship opportunities out there. Whether you see yourself someday writing, acting, directing, operating the camera, or designing the costumes, there are opportunities that help you get real-life film and TV experience when you're still in high school.**

HERE ARE SOME KEY TAKEAWAYS.....

- **Talk to your friends and parents, school counselor, college office and your Parent Coordinator . Networking is a big part of career development, so why not start with your immediate household and friends circle? Inquire with friends, family members, and parents about internship ideas. They may know of a good opportunity**

for you and can help you brainstorm the right opportunities.

- **Stay focused on your grades and activities. The ideal college and workforce candidates are those who are well-rounded, responsible, and focused.**

Remember, internships aren't just a college application booster—they're also an important way to learn about a field or area of interest, gain career skills, network with professionals in your prospective industry, and meet like-minded people. **Below are some Amazing opportunities for you to apply to:**





FUTURES_{AND}OPTIONS

The Future is in Your Hands

Futures and Options Internship Program

New York City students will receive work-readiness training on skills like communicating clearly, giving effective presentations, navigating workplace etiquette. Through the program's partner businesses, students will also gain internship experience (paid and mentored) in fields matching their skills and interests.

After-school interns are expected to work 10-15/week, and summer interns are required to work 20-35/week during the summer. Students will also participate in career-readiness workshops and career exploration field trips. To be eligible, you must be 16 or older and a current 11th- or 12th-grade student living in the city.

Click here for further

details: https://www.futuresandoptions.org/fao/what_we_do/how_to_apply/



New-York Historical Society Student Historian Internship Program

History buffs can participate in this internship program to conduct research and create digital projects, while meeting NYHS staff and learning about American history and art. The internship is open to high school students entering grades 10, 11, or 12 and first-semester (fall) college students. There is no fee to participate, and interns with demonstrated financial need may receive a stipend.

Click here for further details:

<https://www.nyhistory.org/education/teen-programs/student-historian-program>



Upkey Leadership & Career Readiness Internship

Upkey offers 1,000 new virtual internships to equip students with leadership and career readiness skills each quarter. Through project-based learning and micro-internships across different business functions, high school seniors and college students can gain skills and explore concepts such as financial literacy, multichannel marketing, understanding social equity, and more.

Click here for further details: <https://upkey.com/internship>



REMEMBER SCHOLARS, YOU HAVE YOUR WCHS FAMILY HERE TO HELP YOU. TAKE ADVANTAGE OF ALL OPPORTUNITIES. MAKE YOURSELF MARKETABLE FOR COLLEGE, THE WORKFORCE AND LIFE.

AMAZING OPPORTUNITY



The HeARTwork Against Hate is a creative initiative for New York City youth launched by the Office for the Prevention of Hate Crimes in September 2020.

It is important to support young New Yorkers at a time of great stress resulting from the combination of a global pandemic, economic uncertainty, school changes, scapegoating, and issues of systemic racism that have come to the fore. Inspired by [OCA-NY Asian Pacific American Advocates'](#) annual Hate Crime Prevention Art Project, HeARTwork Against Hate provides another opportunity and platform for young New Yorkers to use artistic expression as an outlet.

All New Yorkers have a role in showing respect and standing up for others. Through HeARTwork Against Hate, the City's youth can take a stand against all forms of bias, discrimination, and hate and use their creativity to communicate the positive values that make NYC great.

Download your HeARTwork Against Hate submission form:

<https://www1.nyc.gov/assets/stophate/downloads/pdf/OPHC-HeARTwork-Against-Hate-Submission-Form.pdf>

Prizes

Thanks to a generous partnership with [Mayor's Fund to Advance New York City](#), eligible participants can win prize money, and their artwork will be featured on the OPHC website as well as digital displays across the city.

1. First Place: \$500
2. Second Place: \$250
3. Third Place: \$100
4. Honorable Mentions (3): \$50

Eligibility and Rules

1. All art forms are eligible, including drawing, collages, paintings, photography, sculpture, poetry, computer graphics, 3D Art, etc.
2. All artwork must be original.
3. Artwork must be related to the theme: "HeARTwork Against Hate."
4. Participants must be between the ages of 10 and 18 and be New York City residents.
5. Dimensions for visual arts must be no larger than 11 inches x 20 inches, and no smaller than 8.5 inches x 11 inches.
6. All submissions (including photos of all hard copy artwork) must be submitted by no later than 5 p.m. on September 30, 2020.

For general questions or concerns, [please contact OPHC](#).

Standing Against Hate Through Civic Engagement

Our democracy and our communities are strongest when everyone gets involved. Hate crimes and bias attacks undermine the democratic principles and tenets of diversity and inclusion that are the foundation both of New York City and of the

United States. New Yorkers of all ages play an important role in protecting each other and celebrating our democracy.

Learn more about Democracy NYC. Get involved, get registered, and stay informed about elections in your community.

Learn about Civics for All. The New York City Department of Education offers resources focused on teaching the foundations of American government and how the democratic process is necessary to build a more engaged, active citizen and informed voter.

I hope you found this packet helpful. Remember I'm just an email away (mpink@thewcs.org) or if you would like a virtual meeting send me an email.

Best,
Ms.Pink