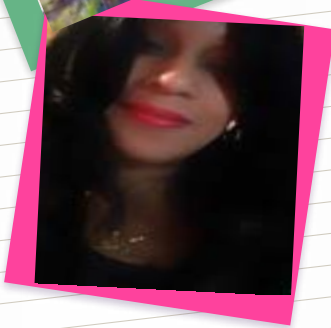




**JULY & AUGUST  
NEWS &  
RESOURCES  
FROM YOUR  
PARENT  
COORDINATOR  
MS. PINK**



**SUMMER  
EDITION 2022**

**Hello Families,**

**It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family and you are enjoying your summer. I put together this resource packet for you with some Amazing resources to help you through the summer months. Scroll through the entire packet. Remember I'm just an email away. You can reach me at [mpink@thewcs.org](mailto:mpink@thewcs.org) Mon - Thurs 9am-2pm**



A vibrant, colorful border surrounds the text, featuring stylized flowers in orange, red, and yellow, green leaves, and swirling lines in yellow, green, and red. The background is a red pattern with blue floral motifs.

**COMMUNITY  
HAPPENINGS &  
RESOURCES**



**NYC**  
CAREER SERVICES

# CAREER FAIR

July 29th, 2022  
10am-3pm

**Employment & Support Services Administration (ESSA)**  
NYC Business Link  
123 William Street, 6th Floor  
New York, NY 10038

Pre-register to attend

**Positions Available Include and are not limited to the following:**

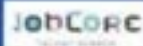
- Case Manager
- Receptionist
- Social Worker
- Residential Aide
- Counselor
- Direct Care Worker
- Housing Specialist
- Maintenance
- Program Aide
- Peer Coordinator
- Crisis Coordinator
- Outreach Crisis Coordinator
- and more!

CONGRESSWOMAN YVETTE D. CLARKE

PRESENTS:

# IN PERSON JOB FAIR 2022

SATURDAY, JULY 30  
10 AM - 2 PM



FEATURING EMPLOYERS FROM:



<https://www.facebook.com/groups/nycjob/>

Drop by to connect with employers from various industries and take the next step in your career!  
★ = HIRING ON THE SPOT!

**MAJOR OWENS HEALTH & WELLNESS  
COMMUNITY CENTER**  
1561 BEDFORD AVE, BROOKLYN, 11225

PLEASE RSVP BY  
SCANNING BELOW



BUS: B49 (Rogers Av & President St) B44/B25 (Rogers Av & Saint Johns Pl) B48 (Franklin Av & Union St)  
SUBWAY: 2 & 5 (Franklin Ave)

Clarke.House.gov

## WYCKOFF HOSPITAL'S ANNUAL COMMUNITY HEALTH & WELLNESS FAIR

SATURDAY  
AUGUST 6TH 2022  
10AM - 3PM

WYCKOFF HEIGHTS  
MEDICAL CENTER  
374 STOCKHOLM STREET  
EMPLOYEE PARKING LOT



HEALTH FIRST | FRUIT & VEGGIE STAND | HANDS-ON KIDS ACTIVITIES  
TONS OF GIVEAWAYS | RAFFLES | NYPD FREE HEALTH SCREENING  
MEN'S HEALTH | WOMEN'S HEALTH | DOMESTIC VIOLENCE AWARENESS  
DJ NELLY-NEL | HOOPS/FREE THROW'S COMPETITION | AFRO-LATINEERS SALSA BAND  
METRO PLUS  
SPECIAL GUESTS  
**CONGRESSWOMAN NYDIA VELAZQUEZ**  
**DISTRICT DIRECTOR EVELYN CRUZ**  
**SENATOR JULIA SALAZAR**  
**COUNCIL MEMBER SANDY NURSE**  
FOR MORE INFO CALL: 718-908-3868 EMAIL: ECHASSAGNE@WYCKOFFHOSPITAL.ORG  
MYBRITZ@WYCKOFFHOSPITAL



## YA-YA NETWORK

WE'RE HIRING!  
**YOUTH  
JUSTICE  
CONTENT  
CREATOR**

Open to all young people  
(age 14-20) in NYC  
interested in social justice

\$700/month stipend  
1 year internship  
8-10 hours per week



## NYC MEN TEACH JOIN NYC MEN TEACH

### Benefits Include:

- A dedicated campus program manager
- Free teacher certification vouchers
- Access to exclusive educational network
- Direct NYC DOE hiring support
- Culturally-responsive seminars
- Other financial perks (MetroCards/Book Vouchers)

### Eligibility:

- Education Major (preferred)
- Intention to teach in NYC Schools
- 2.75 GPA or higher
- 12+ Credits at the Community College
- 24+ Credits at the Senior College



APPLY  
ONLINE

DEADLINE:  
FRIDAY  
SEPT 23RD 2022



## Join our team of Transit Cleaners

Apply Online by August 31, 2022  
Online Applications Only

Our commitment to the health and safety of our riders never stops.

Transit Cleaners help keep our trains, buses and stations clean.

- Paid Holidays, Vacation, and Sick Leave
- \$19.03/hr Starting Pay
- Medical and Pension Plans
- No Education or Experience Required!

Scan to Learn More and Apply Online  
[new.mta.info/careers/transit-cleaner](http://new.mta.info/careers/transit-cleaner)

MTA New York City Transit is an Equal Opportunity Employer



## Now Hiring

**Resident Support Specialist**  
*F/T, P/T, & Per Diem*  
Suffolk, Nassau, Brooklyn, Bronx, Dutchess,  
Orange, and Westchester Counties

**Come grow with us!**  
<https://tinyurl.com/CHIApply>

NYC Service



# FRIENDLY VISITORS NEEDED FOR ISOLATED OLDER ADULTS!

## VOLUNTEERS NEEDED

Ongoing

81 Willoughby Street  
Suite 302  
Brooklyn, NY 11201

Apply here: <https://on.nyc.gov/3n6pg8A>



Visit:  
[macysJOBS.com](https://macysJOBS.com)

Calling all students!

# NOW HIRING

## Summer Seasonal Jobs

- ✓ Flex Schedule
- ✓ Weekly Pay
- ✓ Employee Discount
- ✓ Fun Workplace
- ✓ Friendly Co-workers



MISSION EVERY ONE



# JOIN OUR TEAM!

## RB IS HIRING!

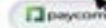


Go to [riseboro.org/careers](https://riseboro.org/careers)  
to view all available  
positions!



**EL PUENTE**  
LEADERS FOR PEACE & JUSTICE

APPLY NOW



We're  
**HIRING**  
jobs@elpuente.us

APPLY NOW



#### ARTS PROGRAM COORDINATOR

Full-time, in person  
\$45k annual salary  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

#### BILINGUAL COMMUNICATIONS MANAGER

(Spanish Speaking Required)  
Full-time, in person  
\$50k annual salary  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

#### CIVIC ENGAGEMENT COORDINATOR FOR SOCIAL JUSTICE ORGANIZATION

Full-time, in person  
\$45k annual salary  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

#### ADMINISTRATIVE COORDINATOR

Full-time, in person  
\$42k annual salary  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

#### WILLIAMSBURG LEADERSHIP CENTER PROGRAM DIRECTOR

Full-time, in person  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

#### DANCE FACILITATOR

\$30 per hour

#### CORNERSTONE SATURDAY COORDINATOR

Saturday, in person  
\$20 per hour  
Generally Saturday 10am-5pm. 7 hours per week

#### CORNERSTONE GROUP LEADER (EPIC)

Full-time, in person  
\$36.00 per hour  
Generally Monday through Friday 10am-6pm. Work days and hours may shift depending on scheduling needs.

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Macon Library Presents

# Health & Wellness Fair

Join Us

July 30, 2022

12:00 p.m.-5:00 p.m.

Visit a variety of health and wellness tables to learn new approaches to conquer your current health concerns, enhance your physical fitness, financial wellness and nutritional habits.

- Community Partners and Resources
- Fitness Classes
- Giveaways and Activities
- Family Friendly

**Bklyn**  
Public Library

Brooklyn Public Library, Macon Branch  
263 Lewis Avenue  
Brooklyn, NY 11213  
bklynlibrary.org

**BHM**  
BLACK HEALTH  
MATTERS.COM



BHM BLACK HEALTH MATTERS PRESENTS

## SUMMER HEALTH FAIR & SUMMIT

A HYBRID EVENT

SATURDAY, AUGUST 6, 2022

10AM - 6PM EST / 9AM-5PM CST

THE KINGDOM BUILDERS' CENTER, 601 W. DREXEL DRIVE, HOUSTON, TX

FREE REGISTRATION AT [BLACKHEALTHMATTERS.COM](https://BLACKHEALTHMATTERS.COM)

### HIGHLIGHTS



Paul Wall  
Entrepreneur & Motivator

Crystal Wall-Slayton  
Author & Creator  
Crystal Wall Fitness

Aul'ah Jha, MD, MPH  
MBA Health Entrepreneur  
"Resilient Entrepreneur"

Chief Chris Williams  
Leader & Inspiring Group

A.J. Coulter  
Executive & Advisor

Presenting Sponsor  
**Genentech**

Event Sponsor  
**TANVIR GSK**

**Novartis**

**Amgen**

#BlackHealthStartsHere

COMPLIMENTARY BREAKFAST + LUNCH + PRIZES + SCREENINGS

# ZAYLAN UPCOMING Performances



**SATURDAY  
JULY 30TH  
TUESDAY  
AUGUST 2TH  
SEE HIM LIVE!!**

COMING TO ITHACA NEW YORK!!  
**SATURDAY JULY 30TH  
11AM TO 4PM**

SPINNING LIVE  
WHOISBRIANTECH  
GET READY!!  
**ZAYLAN  
IS PERFORMING LIVE!!  
1PM SHOWTIME!!**

**PRESS BAY ALLEY  
"DOWNTOWN ITHACA"  
118 W GREEN ST.  
ITHACA NY 14850**

SPINNING LIVE  
SOLIMAN RAMSES HOUSE MUSIC!!  
OUTDOOR DANCING!!

**PRESS BAY**

**FREE COMMUNITY EVENT**



With the 90th PCT Community Council, INC.  
**NATIONAL NIGHT OUT 2022**  
TUESDAY  
AUGUST 2, 2022  
HOUSE MUSIC ARTIST  
**ZAYLAN  
PERFORMING LIVE  
@ RESTORATION PLAZA**

1365 FULTON STREET  
BROOKLYN NY 11216  
3PM TO 9PM



MUSIC BY DJ RED BOY 6:30PM SHOWTIME!!



90<sup>TH</sup> PRECINCT PRESENTS  
**NATIONAL NIGHT OUT**  
TUESDAY, AUGUST 2<sup>ND</sup> 2022 5:00PM TO 8:30PM

JOIN US FOR A NIGHT OF FUN WITH FAMILY, FRIENDS  
AND COMMUNITY, AS WE CREATE SAFER COMMUNITIES  
AND BUILD POLICE-COMMUNITY PARTNERSHIPS.

LOCATION:  
**DOMINO PARK**  
KENT AVE. SOUTH 5<sup>TH</sup>, SOUTH 3<sup>RD</sup> AND GRAND ST.

For more information on this event, reach out to Community Council President  
Rosa Ortiz or 90th Precinct Community Affairs Officers- Det. Melendez/ PO DuBois  
718-963-5309

90th Precinct Community Council  
Board: Rosa Ortiz, Melendez, DuBois, ...  
www.90thprecinct.org

# RED HOOK'S NATIONAL NIGHT OUT AGAINST CRIME

One Red Hook : Safer & Stronger Together



COFFEY  
PARK



AUG  
2ND



4PM  
7PM

- BBQ
- Pony Rides
- Bounce Houses
- Beekeeper
- Live DJ
- Kickball

Resource Fair & Much More!

*Presented By*

Red Hook Community Justice Center,  
PSA1, and 76th Police Precinct



Leslie  
718-923-8261

Red Hook  
Community  
Justice  
Center



63<sup>rd</sup> Precinct Community Council  
Invites YOU to Our Annual



5:00pm - 7:30pm

Marine Park

(Avenue U Parking Lot)



Music ~ Performances ~ Info ~ Snacks  
Kiddie Attractions ~ Giveaways  
Raffles ~ 50/50!!

Fun Activities for everyone!!  
Hope to see you there!!



# NYPD

## 102 Precinct

Invites you to



# NATIONAL NIGHT OUT

TUESDAY AUGUST 2<sup>ND</sup> 5:00PM - 9:00PM

VICTORY FIELD

Woodhaven Blvd & Myrtle Ave

An Enjoyable Evening to Promote Community Spirit as the Community and Police Department Join Forces to Take a Bite Out of Crime.

Join us for **FREE:**  
Food & Refreshments  
Raffle Prizes  
Entertainment  
Giveaways  
& Informative Literature



Hosted by the 102 Precinct & Community Council

For More Information, Contact  
Community Affairs Po. Adelman & Po. Salamone  
At 718 805-3215 or Scott.Adelman@nypd.org



Join the 84<sup>th</sup> Precinct Community Council  
The 84<sup>th</sup> Precinct  
Elected Officials  
and your neighbors at

# NATIONAL NIGHT OUT

TUESDAY AUGUST 2, 2022, starting at 4:30 PM  
IN BEAUTIFUL BROOKLYN BRIDGE PARK,  
PIER 5 PICNIC PENINSULA

*Entertainment courtesy of:*

Kay Sublime and drill teams Gowanus Wildcats and Brooklyn Diamonds

**FREE:** *BBQ, beverages, snacks, ice cream, Spanish ices, games, and more!*

Transportation provided to the disabled and elderly by the 84th Precinct  
Call (718) 875-6850 to reserve your seat a few days in advance of the event

Come out to celebrate our united community

**Free COVID testing kits and masks**

Sponsor & Support by 84th Precinct Community Council, 84<sup>th</sup> Precinct, Brooklyn Borough President Antonio Reynoso, Council Member Lincoln Restler, 1 Hotel Brooklyn Bridge, Target, Wegman's, Park Plaza Diner, Boerum Hill Assn., and the Brooklyn Heights Assn.

## HOW TO REQUEST COPIES OF POLICE REPORTS & COLLISION REPORTS ONLINE



**STEP #1:** Visit: [NYC.GOV/NYPD](https://nyc.gov/nypd)

**STEP #2:** Go to "How Can We Help" section & select "Crime/Police Report" or "Accident Reports" from drop down menu and select "GO".

**STEP #3:** Follow on screen directions to request your desired report.

"Crime/Police Report" will be delivered via U.S.P.S. (2-4 Weeks)

"Accident Reports" can be printed immediately.



Only the Crime Victim can request a copy of the Complaint Report.

Only persons named on the Accident Report will be granted access to report.



Join the  
**NYPD**

Exam filing period  
open now

For more information,  
visit [NYPDrecruit.com](https://nypdrecruit.com)

Follow us



NYPDrecruit



NYPD

#StepForward



MICRO  
Bard  
COLLEGE

# TUITION-FREE COMMUNITY-BASED MICROCOLLEGES IN NYC

## Tuition-free AA-degree program in liberal studies

Join a community of ambitious students who never got to finish college — or never got the chance to go.

Classes are held at the Central Branch of the Brooklyn Public Library in Brooklyn, and the Countee Cullen Branch of the New York Public Library in Harlem.

- › Small, seminar-style classes
- › World-class faculty members
- › Bard College credits and degrees

Tuition, books & supplies all covered by scholarships.

Bard Microcollege admissions for Fall runs from March 1 to April 15.

Learn more or sign up to apply, at [microcollege.bard.edu](http://microcollege.bard.edu)



## Assertive Community Engagement and Success (ACES)

Following CASES's promise that an individual's legal history does not limit their potential, ACES provides the opportunity for long-lasting behavioral change through long-term engagement with credible messengers.



Now accepting  
new referrals!!



### Who?

- Male identifying individuals
- 16-24 years old
- In need of employment
- Impacted by the legal system
- Impacted by gun violence

### Where ?

- East Harlem (10026, 10027, 10035)
- South Bronx (10451, 10454, 10455, 10456)

### What do we offer?

- Relationship building with youth mentors with lived experience
- Employment and work readiness workshops
- Stipend-paid work opportunities
- On-site educational services (HSE and vocational training)
- Group programming with
- Opportunities to engage in ACES outings within community and surrounding areas

More information:

ACES@CASES.ORG



## FREE CLASSES

**\*LEARN ENGLISH \* HIGH SCHOOL GED PREP\* OSHA-30  
\* NY FOOD LICENSE \* COMPUTER**  Microsoft  
**\*\*MUST BE 21 OR OLDER\*\***

**REGISTER AT OUR NEW ENROLLMENT HUB!**

**MELROSE ALC**  
271 MELROSE ST, BROOKLYN, NY 11206

**MONDAY THROUGH THURSDAY  
9:00 AM-1:00PM or 5:00-8:30 PM**

**school7adulterd@gmail.com  
CALL: 929-305-3767 or TEXT: 917-612-7831**



## \*GRATIS\*

**\*CLASES DE INGLES \* GED EN ESPAÑOL  
\* CERTIFICACIÓN DE ALIMENTOS  
21 AÑOS O MAYORES**

**CENTRO DE INSCRIPCIONES  
MELROSE A.L.C**  
271 MELROSE STREET, BROOKLYN, NY 11206



**¡REGÍSTRATE AHORA!**

**LUNES A JUEVES  
9:00AM - 1:00PM o 5:00PM - 8:30PM**

**<https://bit.ly/SCHOOL7>**

**LLAME: 929-305-3767**

**TEXTO: 917-612-7831**





# Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at [nyc.gov/WeSpeakNYC](https://nyc.gov/WeSpeakNYC)



# 跟 We Speak NYC 學英語。

- 免費練習說英語
- 了解您的社區
- 建立自信
- 了解城市服務和資源

訪問 [nyc.gov/WeSpeakNYC](https://nyc.gov/WeSpeakNYC) 了解詳情



# Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: [nyc.gov/WeSpeakNYC](https://nyc.gov/WeSpeakNYC)



# BACK TO SCHOOL GIVEAWAYS

## Back-to-School Giveaway

Hosted by Pentecostal Church of God  
Bishop Edward J. Williams, Pastor

**When: Saturday, August 20, 2022**

**Time: 11:00 am - 3:00 pm**

**Location: Pentecostal Church of God  
2310 Cortelyou Road, Bklyn, NY 11226**

- come meet community organizations focused on education
- student must be present to receive supplies
- students under 12 must be accompanied by a guardian

**FREE**  
backpacks  
& school  
supplies  
(while supplies last)

NYSOM

BACK TO SCHOOL

BONANZA

08.20.2022

FROM 2PM - 4PM

IRVING SQUARE PARK

BUSHWICK, NY

SCHOOL SUPPLY DONATIONS NEEDED!

EMAIL @ INFO@NYSOMGROUP.ORG

SUNDAY AUG. 28TH  
1-7PM

SOUL COMITEE HOUSEWERKZ RECORDS  
COMMODORE BARRY PARK  
NORTH ELLIOT PL PARK AVENUE  
PERFORMANCE AREA  
SMART MUSIC:  
FRANKIE PARADISE

SOUL COMITEE  
4TH ANNUAL  
BACK TO  
SCHOOL SUPPLY GIVEAWAY

CHILD MUST COME WITH PARENT PARENT MUST COME WITH CHILD

OFFICIAL BROOKLYN HOUSE MUSIC EVENT

347-307-2825 917-681-4608

SOUND BY

VOICE OF NY  
BARRY MASON



Open Door Family Life Center

# FOOD PANTRY

RESOURCES  
FROM MS.PINK



**EVERY SATURDAY - 8:30AM - 10:30AM**  
**999 Greene Avenue, Brooklyn, NY 11221**

[www.opendoorflc.org](http://www.opendoorflc.org)

Council Member  
**DARLENE MEALY'S**  
**EVERY WEDNESDAY**  
**FOOD PANTRY**  
400 Rockaway Avenue  
(Between East New York & Pitkin Avenues)  
**11:00 A.M. - 1:00 P.M.**  
*FIRST COME, FIRST SERVED. WHILE SUPPLIES LAST.*  
**MEALS WITH MEALY**  
SERVING HOT FOOD THE 1ST AND 3RD WEDNESDAY OF THE MONTH

DISTRICT OFFICE  
400 ROCKAWAY AVENUE  
BROOKLYN, NY 11212  
(718) 953-3097

# 3 things to do before the August 23 election



Register to vote by **July 29** if you haven't already

[nycvotes.org](http://nycvotes.org)



Update your address by **August 3** if you moved recently

[nycvotes.org](http://nycvotes.org)



Request an absentee ballot online by **August 8** if you are voting by mail

[nycvotes.org](http://nycvotes.org)





Over 8 miles of NYC streets will  
go car-free this August for return  
of **Summer Streets** program

### What is it?

- Summer Streets is a pedestrian and cycling haven where several miles of Manhattan streets are closed off to cars. According to the DOT, nearly 100,000 people take advantage of the open streets each year!

### When is it?

- **Saturday August 6th, August 13th, & August 20th**
- The streets will be closed the first three Saturdays of August from 7a.m. until 12p.m.

### What will be going on?

- Various activities will take place along the designated rest stops including a dance party, food and drink tastings, fitness classes, and interactive workshops.



### Which streets are going to be **closed**?

This year, the car-free road will span Park Avenue and several of its connecting streets from the Brooklyn Bridge to East Harlem.

The designated rest stops are as follows:

- **Foley Square:** Lafayette Street and Center Street
- **Astor Square:** Astor Place and Lafayette Street
- **Rose Hill:** Park Avenue and East 26th/27th Streets
- **Midtown:** Madison Plaza and East 51st Street
- **Upper East:** East 81st Street
- **Uptown:** East 109th Street



A vibrant, colorful border surrounds the text. It features various floral motifs such as orange and yellow flowers, green leaves, and stylized swirls in yellow, orange, and green. The background is a red pattern with blue and white floral designs. The text is centered on a white background with horizontal lines.

# **SCHOLARSHIP OPPORTUNITIES**

# SCHOLARSHIP OPPORTUNITIES



**Innovation in Education Scholarship**(VISIT: [Innovation in Education Scholarship | LA Tutors 123](#))

**Sponsor:** LaTutors

**Amount:** \$500

**Closing Date:** August 20, 2022

**Description:** Scholarship is open to students currently enrolled in high school or college within the United States with at least 3.0 GPA. Applicant must be a citizen of, permanent resident, or hold a valid student visa in the United States or Canada. Applicant must have designed an innovative project that makes a difference in the lives of others and submit an essay describing the goal of the particular project and provide supporting documentation.

**Make Me Laugh Scholarship**(VISIT: [Make Me Laugh Scholarship - Unigo.com](#))

**Sponsor:** Unigo

**Amount:** \$1,500

**Closing Date:** August 31, 2022

**Description:** Scholarship is open to students 14 years of age or older who are legal residents of the 50 United States or the District of Columbia. Applicant must share an incident in their life, funny or embarrassing (fact or fiction) that will make us laugh.





**Youth Free Expression Film Contest: Truth to Power (VISIT: [Youth Free Expression Film Contest - National Coalition Against Censorship \(ncac.org\)](https://www.ncac.org))**

**Sponsor:** National Coalition Against Censorship

**Amount:** Up to \$1,000

**Closing Date:** September 19, 2022

**Description:** Contest is open to individuals living in the U.S. or its territories (but need not be citizens) who will be age 19 or younger on the day the film is submitted. Contestant must create a one-minute video using film, animation, photographs, music, or anything else on the topic, “What does free speech mean to me?”

**Shout It Out Scholarship (VISIT: [Unigo \\$1,500 Shout It Out Scholarship | Apply Now](https://www.unigo.com/scholarships/shout-it-out))**

**Sponsor:** Unigo

**Amount:** \$1,500

**Closing Date:** September 30, 2022

**Description:** Scholarship is open to students 13 years of age or older who are legal residents of the 50 United States or the District of Columbia and are currently enrolled (or will enroll in an accredited post-secondary institution of higher education in the future. Applicant will need to submit a short response to a given prompt.

A vibrant, colorful border surrounds the text, featuring various floral motifs such as orange and yellow flowers, green leaves, and stylized scrolls in yellow, orange, and red. The background is a red pattern with blue and white floral designs.

**HEALTH, MENTAL  
HEALTH &  
WELLNESS TIPS**

July is

# Minority Mental Health Awareness Month



Division of  
Human Rights



For mental health resources  
for diverse communities, visit  
[afsp.org/supporting-diverse-communities](https://afsp.org/supporting-diverse-communities)



# Who is Bebe Moore Campbell?

July is dedicated to bringing awareness to the unique mental health needs of BIPOC communities.

[Learn more](#) →



Bebe Moore Campbell was an **American author, journalist, teacher, and mental health advocate**, who led the national movement to bring awareness to the mental health needs of the Black community and other underrepresented communities.



In 2008, Congress formally recognized July as **Bebe Moore Campbell National Minority Mental Health Awareness Month**, with the goal of enhancing public awareness of mental health, particularly among communities of color, and improving access to treatment and services.



“

We need a national campaign to **destigmatize mental illness, especially one targeted toward African Americans**... It's not shameful to have a mental illness. Get treatment. Recovery is possible.

– Bebe Moore Campbell, 2005





## MINORITY MENTAL HEALTH AWARENESS MONTH

HELP IS AVAILABLE. AYUDA ES DISPONIBLE

National Suicide Prevention Lifeline

**1-800-273-TALK (8255)**

- Español 1-888-628-9454
- Tele-Interpreters over 150 languages

SAMHSA's National Helpline

**1-800-662-HELP (4357)**

- English & Spanish

Disaster Distress Helpline

**1-800-985-5990**

- Español oprima 2

Behavioral Health Treatment  
Services Locator

[findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)

Stay informed about monkeypox: learn about common symptoms, what typical monkeypox rashes look like, and how it spreads so you can protect yourself and your community. Our website is always updated with the latest information in New York State: [health.ny.gov/monkeypox](https://health.ny.gov/monkeypox)

### What does monkeypox look like?



[health.ny.gov/monkeypox](https://health.ny.gov/monkeypox)



Do you have COVID-19 symptoms? Get tested at one of NYC's new mobile clinics. If you test positive and are eligible, you can get free treatment on-site. No ID or health insurance is required.

Find a location near you:  
<https://on.nyc.gov/3uGWkIE>

A graphic titled "Mobile Test to Treat" with a pharmacy icon. It features two circular icons: one showing a person in a car being tested, and another showing a hand holding a pill bottle. A plus sign is between them. Below the icons is a blue banner with the text "NO ID, NO INSURANCE, same-day, on-site COVID-19 treatment available". At the bottom, there are logos for NYC Health + Hospitals and the Food &amp; Drug Administration, along with the text "TO FIND A COVID-19 TEST SITE OR PICK UP AN AT-HOME TEST, CALL 311 OR VISIT NYC.GOV/COVIDTEST".



**Lost your CDC vaccination card? If you got vaccinated in NYC, you can download your official immunization records with My Vaccine Record! These are official reports that can be used as proof of your COVID-19 vaccination:**  
**<http://on.nyc.gov/myvacciner record>**



Need Support?



**NY Project Hope Emotional Support Helpline:**  
1-844-863-9314

**Crisis Text Line:**  
Text GOT5 to 741741

**National Suicide Prevention Lifeline:**  
1-800-273-TALK (8255)

**Trevor Lifeline:**  
1-866-488-7386  
**Trevor Text:**  
Text START to 678678

**OMH's Customer Relations:**  
1-800-597-8481



**Office of Mental Health**



## 5-Minute Mental Health Check



Have I stretched?

Have I eaten?



Have I been nice to myself and others?

Have I had good enough sleep?



How am I feeling?

Am I hydrated enough?



# Mental Health

## **National Suicide Prevention Lifeline**

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. The numbers is staffed by service providers throughout the country, and you will be connected with someone who can give you referrals in your area.

1 (800) 273-8255

Spanish: 1 (888) 628-9454

TTY: Use your preferred relay service or dial 711 then 1 (800) 273-8255

<https://suicidepreventionlifeline.org/>

## **ANAD Eating Disorder Helpline**

Provides national assistance and referrals to local resources. Initial call is an intake and they will return calls with what they've found based on the specifics of the caller's situation, generally within 24 hours.

(630) 577-1330

<https://anad.org/our-services/eating-disorders-helpline/>



# Domestic Violence & Sexual Assault

## **National Teen Dating Abuse Hotline**

Immediate, confidential assistance for teens and their parents with questions or concerns about dating abuse. Can also access services through online chat. All services are free.

1 (866) 331-9474 (Call or text)

TTY: (800) 787-3224

<https://www.loveisrespect.org/>

## **StrongHearts Native Helpline**

The StrongHearts Native Helpline is a culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT. Free, anonymous, and confidential.

1 (844) 762-8483

<https://www.strongheartshelpline.org/>



# LGBTQ+

## Trans Lifeline

A trans-led organization that offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community. They have a policy of non-consensual rescue so will not ever call the police without the caller's consent.

Available 7am-1am PST / 9am-3am CST / 10am-4am EST.

Volunteers may be available during off hours.

1 (877) 565-8860

<https://translifeline.org/>

## Desi LGBTQ Helpline

Offers free, confidential, culturally sensitive peer support, information and resources for LGBTQ South Asian individuals, families and friends

Thursdays, 8-10 PM Eastern (5-7 PM Pacific)

Sundays, 8-10 PM Eastern (5-7 PM Pacific)

1 (908) 367-3374

<http://www.deqh.org/>



# Youth

## National Runaway Safeline

Federally-designated national communication system for runaway and homeless youth. Youth and family members connect to crisis services to work through problems and find local help from social service agencies and organizations. Can connect youth with connection and understanding, food, medical assistance, or counseling, as well as transportation home. Also provides preventative services.

1 (800) 786-2929 (24/7)

Text: 66008

Chat service and online forum at [www.1800runaway.org](http://www.1800runaway.org)

## Children of the Night

Skilled Children of the Night Case Managers assist young American sex trafficking victims with 24-hour services 7 days a week. Whether they need rescue from pimps, access to medical services, emergency & non-emergency transportation, mental health services, psychiatric evaluations or access to psychotropic medications, Children of the Night is ready to serve.

1 (800) 551-1300, press 0 for crisis

<https://www.childrenofthenight.org/>

# Substances

## **SAMHSA's National Helpline**

A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information. Federally funded organization associated with U.S. Government.

1 (800) 662-HELP (4357) (24/7)

TTY: 1 (800) 487-4889

<https://www.samhsa.gov/find-help/national-helpline>

## **National Drug Helpline - By American Addiction Centers**

24/7/365 helpline that can help callers suffering from addiction or their loved ones to guide them to treatment options in their area. This may be preferred to the SAMHSA number if you are seeking a resource with no government affiliation. The hotline is free for all callers, though services provided through service centers accessed by referral through this line may not be.

1 (844) 289-0879 (24/7)

<https://drughelpline.org/>



# Mental Health

## **Blackline**

A 24-hour hotline geared towards the Black, Black LGBTQI, Brown, Native and Muslim community. Provides people with an anonymous and confidential avenue to report negative, physical, and inappropriate contact with police and vigilantes. Also provides immediate crisis counseling to those who are upset, need to talk with someone immediately, or are in distress. For each location in the country, referrals can be given when/if necessary.

1 (800) 604-5841 (24/7)

<https://www.callblackline.com/>

## **SAMHSA's National Helpline**

A confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. Callers can also order free publications and other information.

1 (800) 662-HELP (4357) (24/7)

TTY: 1 (800) 487-4889

<https://www.samhsa.gov/find-help/national-helpline>



# Why Reading Is Good for Your Brain

Exposes you to new ideas

Helps strengthen problem-solving skills

Can help boost empathy

Exposes you to different cultures

Can improve your vocabulary

Can improve brain health



Exciting news! NAMI is introducing the option of text messaging our HelpLine in your state. Now you can text HELPLINENY to 62640 to connect M-F 10am to 10pm ET with a trained volunteer specialist for information and support. Have a mental health related question? Text us today!



As the omicron BA.5 subvariant spreads in NYC, it's important to wear a mask in all indoor public settings. This subvariant may be more contagious and more likely to infect people who have been vaccinated, as well as those who have already had COVID-19: [on.nyc.gov/covid19prevention](https://on.nyc.gov/covid19prevention)





There is  
**NO CURE**  
for food allergies yet.



[kidswithfoodallergies.org](http://kidswithfoodallergies.org)



### The social impact of food allergies on families:



[kidswithfoodallergies.org](http://kidswithfoodallergies.org)

Source: My Life With Food Allergies Survey, April 2016

# LOOKING FOR A NEW SHOW OR MOVIE TO WATCH OVER THE BREAK? HERE IS WHAT'S HOT ON NETFLIX

## New on Netflix

AUG  
2022



Riverdale: S6

Ferris Bueller's Day Off  
Legends of the Fall  
Love & Basketball  
Men in Black 1-3  
Miss Congeniality  
Monster-in-Law  
No Strings Attached  
Space Jam  
Spider-Man 1-3  
The Town  
Top Gear: S29 & 30

AUG 5

Skyfall

AUG 7

Riverdale: S6

AUG 9

The Nice Guys

AUG 11

Dope

### And More

AUG 1

28 Days

8 Mile

Bridget Jones's Baby

Bridget Jones's Diary

Constantine

Dinner for Schmucks

Eyes Wide Shut

## New on Netflix

AUG  
2022



Day Shift

AUG 5

Carter

Darlings

Rise of the Teenage  
Mutant Ninja Turtles:  
The Movie

AUG 10

Heartsong

AUG 12

13: The Musical

Day Shift

AUG 17

Look Both Ways

Royalteen

AUG 19

The Next 365 Days

AUG 20

Fullmetal Alchemist

The Revenge of Scar

AUG 25

That's Amor

AUG 26

Me Time

AUG 31

I Came By

### Anime

AUG 4

Kakegurui Twin

AUG 11

Dota: Dragon's Blood:  
Book 3

AUG 18

Tekken: Bloodline

AUG 25

Rilakkuma's Theme  
Park Adventure

### Film

AUG 4

Wedding Season



# New on Netflix

AUG  
2022



The Cuphead Show:  
Part 2

## Docs

**AUG 3**

Clusterf\*\*k:  
Woodstock '99

**AUG 9**

I Just Killed My Dad

**AUG 11**

Stay on Board:  
The Leo Baker Story

**AUG 16**

Untold: Vol 2\*

**AUG 18**

Inside the Mind of  
a Cat

**AUG 24**

Running with the  
Devil: The Wild World  
of John McAfee

**AUG 25**

History 101: S2

## Family

**AUG 1**

Big Tree City

**AUG 4**

Super Giant Robot  
Brothers

**AUG 8**

Team Zenko Go: S2

**AUG 15**

Deepa & Anoop

**AUG 18**

He-Man and the  
Masters of the  
Universe: S3

**AUG 19**

The Cuphead Show:  
Part 2

**AUG 25**

Angry Birds: Summer  
Madness: S3

**AUG 29**

Mighty Express: S7

\*New Episodes Weekly

# New on Netflix

AUG  
2022



Never Have I Ever: S3

## Series

**AUG 5**

The Sandman

**AUG 10**

Instant Dream Home  
Locke & Key: S3  
Indian Matchmaking:  
S2

**AUG 12**

Never Have I Ever: S3

**AUG 19**

Echoes

**AUG 23**

Chad and JT Go Deep

**AUG 24**

Lost Ollie  
Mo

Queer Eye: Brazil

Selling the OC

**AUG 26**

Drive Hard: The  
Maloolf Way

**COMING SOON**

Delhi Crime: S2

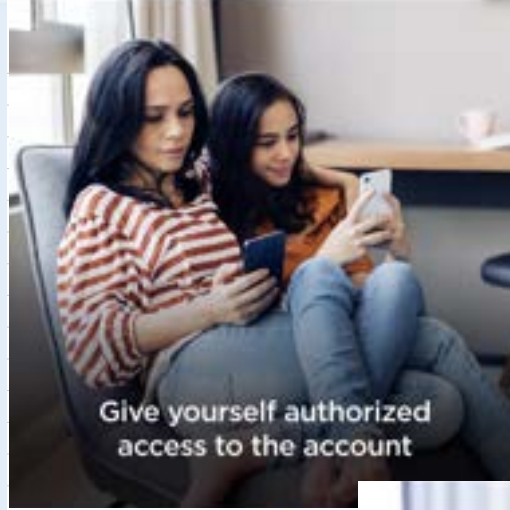
Partner Track

A vibrant, colorful border surrounds the text, featuring various floral motifs such as daisies, tulips, and leaves in shades of orange, yellow, green, and pink, interspersed with swirling lines and dots. The background is a red pattern with blue floral designs.

# PARENTING TIPS



## A Parent's Guide to Social Media Safety for Teens



Give yourself authorized  
access to the account

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Forbid Interactions  
with strangers

Hold off until  
social maturity



Emphasize that social  
media isn't reality

# HOW TO RAISE CLIMATE CONSCIOUS CHILDREN



## How to Talk to Your Kids About Climate Change

**Climate** is the average weather in a place over many years.

**Climate change** is a shift in those average conditions.

The rapid climate change we are now seeing is caused by **humans using oil, gas and coal for their homes, factories and transport.**

When these fossil fuels burn, they release **greenhouse gases - mostly carbon dioxide (CO<sub>2</sub>).** These gases trap the Sun's heat and cause the **planet's temperature to rise.**

**Climate change is dangerous** - it can lead to an increase in natural disasters like storms, flooding, and famine.



<https://www.nrdc.org/stories/your-guide-talking-kids-all-ages-about-climate-change>

## Tips for Talking about Climate Change to Children of Different Ages

### Ages 7-12

**"Starting around 8 is when the larger perspective of climate change and its implications are beginning to be understood, and the feelings begin to arise,"** Leslie Davenport, Child Psychologist says.

Kids at this age are really interested in making a difference and taking action, so **finding ways to work with your child on climate action can be empowering and connecting for both of you.** There is a big range of ways kids can make a difference

"What have you been hearing about climate change? Do your friends talk about stuff like that?"

"Would you be interested in getting involved with me—we can explore options together?"



## Tips for Talking about Climate Change to Children of Different Ages

### Ages 13+

At this age, your child likely has access to their own information, so you might want to focus more on **listening and asking questions, being honest about your own feelings and making a commitment** to keeping the conversation going with trustworthy, reliable sources of information.

"I don't have all the answers, but I know it's important that we keep talking, and I'm open to whatever you're feeling."

"What would feel supportive? Do you want help learning, or help getting involved, or someone to share your feelings with?"



## Why Should Families Care about Climate Change?

With further warming, **some regions could become uninhabitable**, like farmland turning into desert.



**Extreme rainfall can causing extreme flooding** - as seen in China, Germany, Belgium and the Netherlands.



**Our oceans are also under threat.** The Great Barrier Reef in Australia, for example, has already lost half of its corals since 1995 due to warmer seas driven by climate change.



**Wildfires are becoming more frequent** as climate change increases the risk of hot, dry weather.



In a warmer world, **animals will find it harder to find the food and water they need to live.**



It might seem **hard** to bring up climate change to your children because you don't want to inspire fear. **That's understandable, it's a difficult topic.**

However, there are ways you can model how children can be **respectful to the earth**, which will contribute to a **healthier environment** for all.



### Keep this in mind:

Your kid doesn't need you to have answers or solve their feelings. They just need you to show up, ask questions, and listen to the answers.



## Ways to Engage your Children in Helping the Environment

### Reduce, reuse, and recycle whenever possible

Goods we used may be created in factories. Factories burn these goods when we are done and create fossil fuels. *Reducing, reusing, and recycling* lessens the need for factories to burn fossil fuels, because things are being repurposed.



### Eat more vegetables if you can

Did you know that animals can contribute to the heating of our planet? *Considering switching from an animal-based diet or reducing meat intake can help.* Consider a higher plant-based diet, which is environmentally friendly.



### Walk and bike when you can

Cars release carbon dioxide, a harmful chemical that is responsible for adding to the heating of our planet. *Walking and biking cuts down on carbon dioxide release.*



## Try This!

Robin Gurwitsch, a clinical psychologist at Duke University, suggests using a **"blanket analogy"** to explain climate change. When we're cold, we wear blankets to keep warm. But if we use too many blankets, we can get too hot. **Like with our bodies, we need to keep Earth at just the right temperature.**





# 31 DAY "SUMMER BUCKET LIST"

## Family Challenge

			1  SMOOTHIE POPS	2 SPONGE FIGHTS	3  FRUIT SALAD	4 ICE CUBE CREATIVITY
5  CATCH FIREFLIES	6  MAKE CRAYONS	7 BANANA "NICE CREAM"	8 AC ALTERNATIVES	9  DIP YOUR TOES IN	10  SUNDAE BAR	11 FROZEN CANVAS
12 EVENING RIDE	13  SUN PRINTS	14  FLASHLIGHT GAMES	15  COLOR SCIENCE	16  OUTDOOR DANCE PARTY	17 TOY WASH	18 SOLAR S'MORES
19  DIY VISORS	20 DIRT-FREE GARDEN	21  LEMONADE STAND	22 CHALK SHAPES	23  FLY A KITE	24  CAMP OUT	25 ASPHALT GAMES
26  MINI GOLF	27 OUTDOOR MOVIE	28  SAND CASTLE	29 SUMMER READING	30 GRILL OUT	31  SUNNY SELFIES	

A vibrant, colorful border surrounds the text, featuring various floral motifs such as daisies, tulips, and abstract leaf shapes in shades of orange, yellow, green, and pink. The border is set against a background of white horizontal lines, which are themselves on a yellow page. The entire page is framed by a thick yellow border, and the outermost background is a red pattern with blue and white floral designs.

# SUMMER RECIPES

Recipe Here: <https://bit.ly/3unnxjY>

This Slow Cooker Queso Chicken Tacos recipe can easily be prepared in 10 minutes and then cooks itself in the crockpot!



This Honey Garlic Pork Tenderloin Recipe is one of my favorite ways to make pork tenderloin in the oven! It's made with juicy pork smothered in a sweet and savory honey garlic sauce!

<https://www.thereciperebel.com/honey-garlic-pork.../>

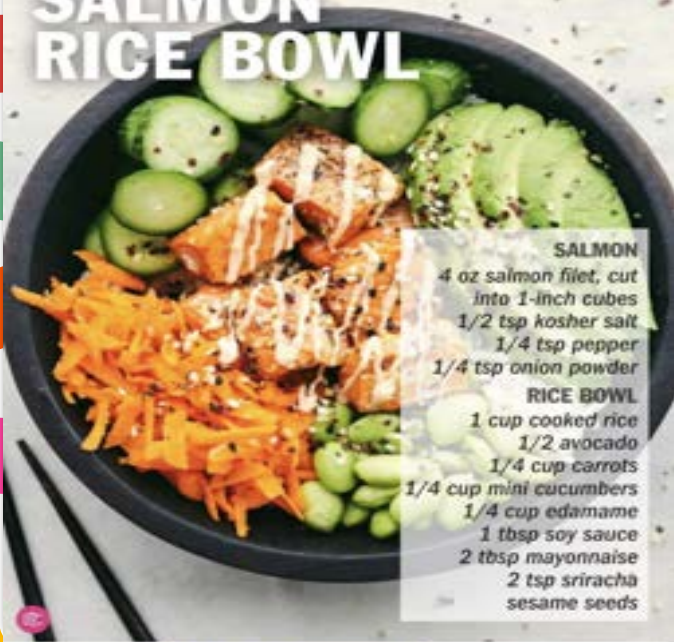


RECIPE HERE:

<https://therecipecritic.com/salmon-rice-bowl/>

Perfect air fryer salmon nestled in a bowl of Asian-inspired ingredients. The fluffy rice topped with fresh vegetables and a sriracha mayonnaise creates this delicious salmon rice bowl that will become your new favorite!

## SALMON RICE BOWL



### SALMON

4 oz salmon filet, cut  
into 1-inch cubes  
1/2 tsp kosher salt  
1/4 tsp pepper  
1/4 tsp onion powder

### RICE BOWL

1 cup cooked rice  
1/2 avocado  
1/4 cup carrots  
1/4 cup mini cucumbers  
1/4 cup edamame  
1 tbsp soy sauce  
2 tbsp mayonnaise  
2 tsp sriracha  
sesame seeds

RECIPE HERE:

<https://therecipecritic.com/strawberry-milkshake>

This strawberry milkshake is thick, creamy, and everything that you would hope a milkshake would be!

## creamy STRAWBERRY MILKSHAKE

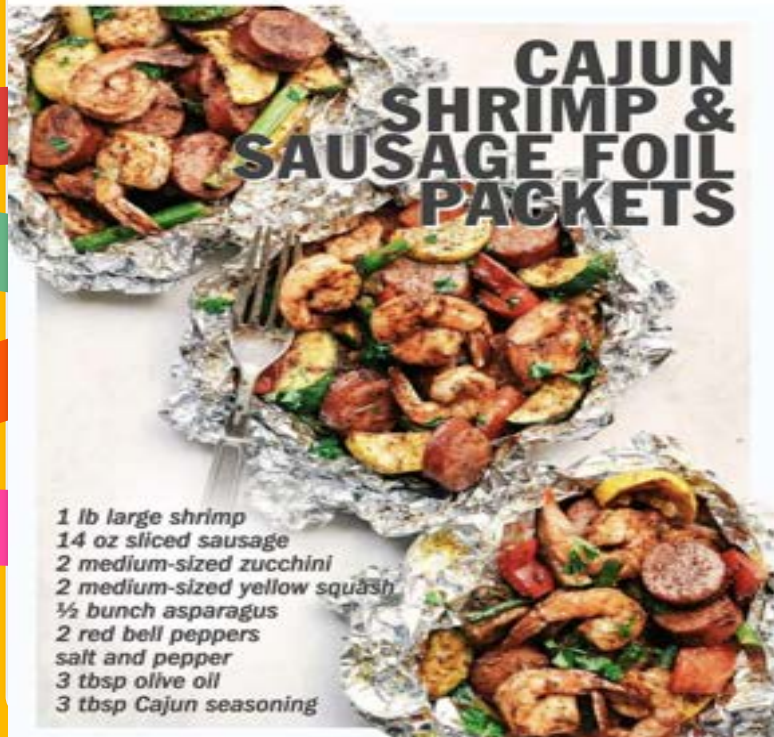


3 cups vanilla ice cream  
1/2 cup frozen, sliced  
strawberries  
1/2 cup milk  
1/4 cup whipped topping

RECIPE HERE:

<https://therecipecritic.com/cajun-shrimp-and-sausage.../>

Cajun Shrimp and Sausage Foil Packets are loaded with shrimp, sausage, summer vegetables and tossed in cajun spices.



1 lb large shrimp  
14 oz sliced sausage  
2 medium-sized zucchini  
2 medium-sized yellow squash  
½ bunch asparagus  
2 red bell peppers  
salt and pepper  
3 tbsp olive oil  
3 tbsp Cajun seasoning

Recipe Here:

<https://therecipecritic.com/baked-zucchini-fries/>

Baked zucchini fries are crispy on the outside with a crunchy, seasoned crust and tender zucchini inside. It's hard to stop after just one!



3 small/2 large zucchini  
1 cup panko bread crumbs  
1/2 cup grated parmesan  
2 tbsp Italian seasoning  
1 tsp garlic powder  
1/2 tsp salt  
1/2 cup flour  
2 eggs  
1 tsp water

RECIPE HERE:

<https://www.recipegirl.com/breakfast-popsicles/>

Enjoy a quick frozen breakfast on the go with these breakfast popsicles made with yogurt, fruits, and chia seeds.



Jurassic World Raptor Punch 🦖 So much fun for the kids!

Recipe here:

<https://www.simplisticallyliving.com/jurassic-world.../>



Coca Cola Fudge! So yummy! 😊

<https://bit.ly/3uVgD5v>



## **COCA COLA FUDGE**

### **WITH WALNUTS**



Coca-Cola  
granulated sugar  
semi-sweet chocolate chips  
marshmallow cream  
butter  
evaporated milk  
chopped walnuts



FULL RECIPE AT [CRAYONSANDCRAVINGS.COM](http://CRAYONSANDCRAVINGS.COM)

RECIPE HERE:

[https://divascancook.com/lemon-velvet-cake](https://divascancook.com/lemon-velvet-cake-recipe-homemade-cream-cheese-frosting/)

-recipe-homemade-cream-cheese-frosting/

Soft and fluffy lemon velvet cake frosted with a lemon cream cheese glaze!



RECIPE HERE:

<https://therecipecritic.com/pineapple-lemonade/>

Pineapple lemonade is the ultimate summer drink! It's the perfect combination of tart and sweet and will have you feeling like you're on vacation.



*Refreshing*  
**PINEAPPLE  
LEMONADE**

1 cup sugar  
1 cup water  
1 cup lemon juice  
2 cups pineapple juice  
lemon & pineapple slices  
(for garnish)

RECIPE HERE:

<https://therecipecritic.com/avocado-egg-rolls/>

Avocado Egg Rolls are crispy on the outside with an avocado mixture inside that is bursting with flavor! Once these hit the table they don't last long!



**AVOCADO  
EGG ROLLS**  
CHEESECAKE FACTORY  
COPYCAT

1 cup vegetable oil  
3 avocados  
1/4 cup red onion  
1 Roma tomato  
3 tbsp chopped cilantro  
1 tsp garlic powder  
lime juice  
salt and pepper  
8 egg roll wrappers



A vibrant, colorful border surrounds the text, featuring various floral motifs, leaves, and swirling lines in shades of orange, yellow, green, and red. The background is a red pattern with blue and white floral designs. The text is centered on a white background with horizontal lines.

**BECOME A MEMBER OF  
THE PARENT  
LEADERSHIP COUNCIL  
(PLC)**

OPEN POSITIONS ON THE PARENT LEADERSHIP COUNCIL (PLC)



# LOOKING FOR PARENT LEADERSHIP

## COUNCIL MEMBERS!

WHAT POSITIONS ARE OPEN?



WE ARE LOOKING FOR:

- PLC PRESIDENT
- PLC VICE- PRESIDENT
- PLC TREASURER
- PLC FUNDRAISER
- PLC PARENT VOLUNTEERS



Parent Involvement is so important for our scholarly at the High School Level. Join Us & Make a Difference!

FOR MORE INFORMATION  
EMAIL MS. PINK AT  
[mpink@thewcs.org](mailto:mpink@thewcs.org)



PUESTOS ABIERTOS EN EL CONSEJO DE LIDERAZGO DE PADRES (PLC)



# ¡BUSCAMOS MIEMBROS PARA EL CONSEJO DE LIDERAZGO!

¿QUÉ PUESTOS ESTÁN ABIERTOS?



NOSOTROS ESTAMOS BUSCANDO:

- PRESIDENTE DEL PLC
- VICE- PRESIDENTE DEL PLC
- TESORERO/A DEL PLC
- RECOGEDOR DE FONDOS DEL PLC
- PADRES VOLUNTARIOS DEL PLC



La participación de los padres es muy importante para nuestros estudiantes en el nivel de la escuela secundaria. Cuete a nosotros y marca la diferencia!

PARA MÁS INFORMACIÓN  
MANDE UN EMAIL A  
[mpink@thewcs.org](mailto:mpink@thewcs.org)





**FAMILIES,  
I HOPE YOU FOUND THIS PACKET  
HELPFUL. OUR PARENT  
LEADERSHIP COUNCIL (PLC)  
ELECTIONS WILL TAKE PLACE IN  
SEPTEMBER, PLEASE CONSIDER  
JOINING . YOUR VOICE AND  
CONCERNS MATTER. FAMILY  
ENGAGEMENT IS VERY VITAL  
WITHIN OUR SCHOOL COMMUNITY.  
ALL INTERESTED PARTIES PLEASE  
EMAIL ME. REMEMBER, I'M JUST AN  
EMAIL AWAY. HAVE A WONDERFUL  
& SAFE SUMMER BREAK!**

**WARM REGARDS,  
MS. PINK**



*it takes lots  
of  
sparkle  
to be a  
parent  
coordinator*