



18-24 YEAR-OLD NYCHA RESIDENT?

EARN \$1,800 A MONTH &
GAIN WORK EXPERIENCE



PLUS:

- Unlimited monthly Metrocard
- Funding support for higher education
- Training, skills & certifications for a career in the green economy
- Community support

LEARN MORE



GREENCITYFORCE.ORG



BELIEVE
&
INSPIRE



7 TIPS FOR YOUTH LOOKING FOR THEIR FIRST JOB

believeandinspire.org



Visit this site for the article: [Seven Tips for youth looking for their first job](https://believeandinspire.org) | Believeandinspire

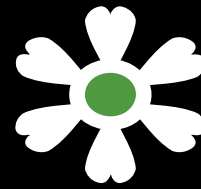


First Tech Fund's 2023 Application

First Tech Fund provides a supportive, adaptive ecosystem where NYC high school students get access to free tech, free broadband, skills training, social capital, mentorship, and more.

Apply at www.FirstTechFund.com/apply

FOR QUESTIONS, REACH OUT TO INFO@FIRSTTECHFUND.COM



Our fellowship application is now open for rising 10-12th graders from NYC! We're excited to continue expanding our programs for low-income youth through tech access, connectivity, mentorship, skills training and career exposure in 2023. Visit our website:

[Program Overview – First Tech Fund](#)

The deadline to apply is April 1st

First Tech Fund

First Tech Fund (FTF) es una organización sin fines de lucro 501(c)(3) dedicada a empoderar a los estudiantes de secundaria de bajos ingresos para que identifiquen, naveguen y obtengan oportunidades académicas y profesionales a través de un ecosistema adaptable de apoyo donde los estudiantes obtienen acceso a tecnología gratis, internet gratis, desarrollo profesional, capital social, mentoría y más.

Detalles de Nuestro Programa

Nuestro lema de un año pone a estudiantes de bajos ingresos en una trayectoria para el éxito en la universidad y las carreras, les brinda acceso gratuito a tecnología y crea una comunidad de apoyo.

El programa se ejecuta de forma remota de septiembre a junio en las noches de martes y jueves, donde los estudiantes reciben talleres de desarrollo profesional, tutoría personalizada y oportunidades de exploración de carreras y redes. Realizamos talleres semanales sobre diversos temas, que incluyen navegar el proceso de admisión a la universidad, aplicar para un trabajo, educación financiera, y más.

Los becarios se reúnen con sus mentores virtualmente una vez al mes y asisten a eventos de desarrollo profesional y redes con nuestros socios corporativos y voluntarios durante todo el año. A través de eventos y paneles virtuales de la industria, los becarios obtienen información sobre una amplia gama de campos que incluyen jurisprudencia, medicina, finanzas, negocios, servicio público, tecnología y más.

Los estudiantes que participan en el programa pueden obtener una computadora gratis, y se pueden quedar con ella al completar el programa. Los participantes también son elegibles para recibir un punto de acceso WiFi gratis con acceso limitado a internet si lo requieren durante el programa. Las sesiones del programa se realizan virtualmente en Zoom con la posibilidad de algunas sesiones en persona durante todo el año.

Impacto



Nuestros estudiantes han sido aceptados a programas como Hamilton Scholars, Delta Phi Code, Questbridge y más con el apoyo de sus mentores y al personal de FTF.



Nuestros estudiantes han sido aceptados y se han matriculado en escuelas como Cornell, Columbia, NYU, Fordham y más, gracias a nuestro apoyo preparatorio para la universidad.



El 100% de nuestros estudiantes de 2021 que respondió a nuestro encuesta del fin del año recomendó el programa a un amigo o familia.



First Tech Fund me hizo parte de una comunidad que apoyo y educa uno al otro porque no solamente estoy rodeado por compañeros de clase afines, sino que mi mentor me da consejos personal sobre mi futuro carrera y solicitudes para la universidad. He aprendido tanto de los seminarios que me han preparado para fluir en mi último año de secundaria, mis ensayos universitarios, y mi vida más allá de la universidad, porque las desventajas que enseñan cómo tomar notas, colaboración, y escritura de ensayos son esenciales para mi éxito futuro y los seminarios con profesionales en campos diversos me han dado más confianza en mi futuro.

— Evelyn C.

First Tech Fund 2021-2022 / Princeton Clase de 2026

Elegibilidad

- Estudiantes en secundaria en grados 10^o - 12^o de bajos ingresos que viven en uno de los cinco condados
- Asisten una escuela en la ciudad de Nueva York a tiempo completo
- Disponible los martes y jueves por las tardes, 2-4 veces al mes y pueden comprometerse a asistir al menos 75% de los eventos organizados por FTF durante el programa
- No hay ningún requerimiento de estatus migratorio o notas escolares para aplicar para el programa
- Buscamos estudiantes ambiciosos, resilientes y comprometidos, que tengan grandes sueños para sí mismos y sus comunidades, y que estén listos para trabajar duro para lograr sus metas



Me han gustado las oportunidades de conocer gente de campos industriales diversos. Este programa me ha permitido conectar con personas que tienen intereses afines en el campo del bienestar social. También me ha dado acceso al punto de vista de gente que trabaja en medicina y estudiantes en la universidad en NYC. First Tech Fund me da el apoyo que necesitaba en el proceso de aplicar para la universidad y me ha introducido a situaciones que puedo encontrar en el futuro como hablar en público y escribir correos electrónicos a mis profesores.

— Victor F.
First Tech Fund 2021-2022

Fechas Claves

La aplicación cierra el **primero de abril de 2023** a las 7 p. m. EST, sin excepciones.

Abril - Mayo 2023: FTF revisa las aplicaciones, hace entrevistas y finaliza las decisiones.

1^o de Junio 2023: Notificamos 110 estudiantes que han sido aceptados al programa y 20 que están en la lista de espera.

Agosto 2023: Orientación y lanzamiento de la beca.

Junio 2024: Graduación del programa.

Selección

Una vez que los becarios y guardianes hayan completado la aplicación, First Tech Fund revisará todas las aplicaciones con el comité de voluntarios. Las respuestas de los solicitantes determinarán a quién elige el comité para dar la bienvenida al programa de 2023. Este proceso es ciego — no se publica información de identificación al comité que pueda afectar las decisiones de admisión (para combatir el sesgo inconsciente).

¿Tiene Preguntas?

Visítanos en firsttechfund.com o mándenos un correo electrónico a info@firsttechfund.com y alguien le responderá en dentro de 72 horas.



Follow us @firsttechfund


¡IMPORTANTE! Es la responsabilidad del estudiante estar al día con sus correos electrónicos, incluyendo la carpeta de spam, para recibir notificaciones e información importante desde First Tech Fund. En años anteriores ha habido estudiantes que fueron aceptados al programa, pero no revisaron su correo electrónico y no pudieron confirmar su asiento en el programa. Por favor, asegúrese que ha añadido info@firsttechfund.com a su lista de contactos.


Declaración de los Comisionados: First Tech Fund no discrimina por motivo de género, raza, origen, origen étnico, estado de ciudadanía o naturalización, afiliación política, orientación sexual, discapacidad, ingresos o estado económico, estado civil, familia, o cualquier otro rasgo o condición legalmente protegida.

G!RL
BE HEARD
presents.

BEGINNING
FEBRUARY
28TH

GIRLS MAKE MOVIES


 A FREE weekly documentary filmmaking workshop series for girls, young women, and non-binary youth ages 14 - 18

 Upon completion of the program, participants will leave with a final 15 - 25 minute packaged short documentary that can be used in a professional portfolio and potentially be entered into independent film festivals.

APPLY TODAY!

➔ [GIRLBEHEARD.ORG/GIRLSMAKEMOVIES](https://girlbeheard.org/girlsmakemovies)

 GMM is a FREE IN-PERSON immersive hands-on experience exploring the art and technique of documentary-style filmmaking for applicants ages 14 - 18!

 **APPLY NOW!** To apply visit girlbeheard.org/girlsmakemovies (link in bio). The Girls Make Movies cohort will begin weekly workshops on February 28, 2023. Applications will be accepted on a rolling basis with a priority given to applicants who submit before February 17, 2023. We can't wait to see what you create!


2023 NATIONAL URBAN LEAGUE SUMMER INTERNSHIP PROGRAM

Real World Experiences!

- 9-Week **Paid** Program
- June 6 - August 3
- Deadline: Feb. 17, 2023

APPLY NOW!

bit.ly/2023NULSummerInternship

 [ul_jobsnetwork](https://ul_jobsnetwork.com)



CLASS 2024

THE COLLEGE PREP SCHOLARS PROGRAM

Scholarships and awards for outstanding high school juniors from low-income backgrounds

DEADLINE: MARCH 22, 2023



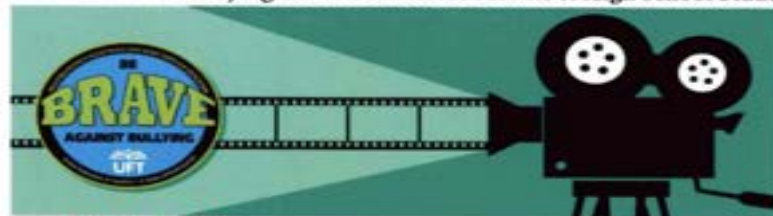
Learn if you're eligible and apply for free at questbridge.org

Awards may include:

- Full scholarships to summer programs at Yale, UChicago, Emory, and more
- Quest for Excellence Awards, including \$1,000 for a new laptop
- An invitation to a QuestBridge National College Admissions Conference
- Personalized college essay feedback
- Expert guidance on applying for full four-year scholarships to 50 top colleges through the National College Match



9th Annual Anti-Bullying Video Contest for Middle & High School Students



BE **BRAVE** AGAINST BULLYING VIDEO CONTEST 2023

**Cash Prizes for Schools
1st, 2nd & 3rd Place Awards
Awards ceremony to be held on
Tuesday, May 9, 2023**

Details to participants will follow.

All Video Submissions must be received by Wednesday, April 19, 2023

For details on the contest, visit www.aft.org/brave-video-contest

Send 2023 BRAVE video submissions to: www.aft.org/BRAVE-video-contest-entries

Then, follow the instructions in the confirmation email.

If you have any questions, call us at 212-701-9412.

We do not share or sell your information. The BRAVE Program is not responsible for any, misdirected, lost, damaged, undelivered, or computer viruses.

To raise awareness about bullying and intolerance, the United Federation of Teacher's BRAVE Program (Building Respect, Acceptance and Voice through Education) is holding its 9th annual video contest. BRAVE encourages students to share their experiences with bullying/intolerance either from the "inside" (firsthand) or, "outside" (witnessed) point of view.

The contest is open to all middle & high school students from New York City public schools. Students are invited to submit a 3-5 minute video that conveys the contest theme.

Suggested ideas:

- What does it feel like to be the target of bullying, witness a bullying situation or engage in bullying behavior?
- How do you and your classmates stand up for others in a positive way?
- How can students and teachers create school communities that promote acceptance, tolerance and respect?
- What do students want adults to know about bullying and/or intolerance?



The United Federation of Teachers A Union of Professionals • www.aft.org

Summer Youth Employment Program 2023



Applicants must be:

- Between the ages of 14-21
- Living in Staten Island, Brooklyn, or Bronx NY

CHOOSE

NEW YORK CENTER FOR INTERPERSONAL DEVELOPMENT
AS YOUR PROVIDER

APPLICATIONS LAUNCH 2/13

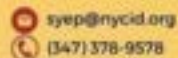
July 5 to August 19

Ages 14-15
earn up to
\$700

Ages 16-21
earn up to
\$2250



More information:



SUMMER CAMP!

Join the Fresh Air team & make a difference for NYC children!



We're hiring camp counselors, program specialists, nurses, lifeguards and more!

When: Late June - Mid-August

Where: Fresh Air Fund camps at Sharpe Reservation in Fishkill, NY and Camp Junior in Harriman State Park.

Details: Applicants must be 18+ and have up-to-date COVID vaccinations. Positions are paid and include room and board.

Hiring is on a rolling basis. We encourage applicants to apply ASAP!

Visit FreshAir.org/Camp for job descriptions and to apply!
Questions? camping@freshair.org



the Fresh Air fund
Founded in 1914 and still making a difference

A decorative border surrounds the text, featuring stylized white and black flowers, green leaves, and white scrollwork on a yellow background with green and red splatters.

**COMMUNITY
HAPPENINGS &
RESOURCES**

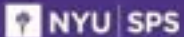
FREE WEBINAR

BEHAVIOR SUPPORTS FOR STUDENTS WITH DISABILITIES



WEBINAR BEHAVIOR SUPPORTS FOR STUDENTS WITH DISABILITIES. Learn more about the education rights of students with disabilities who face behavioral, emotional, or mental health challenges in school, including who to contact if your child needs behavioral supports in the classroom; what your rights are as a parent of a student with a disability; what your child's school is NOT allowed to do; and what resources can help you get the support you need. Register at this site >> [Behavior Supports for Students with Disabilities Registration, Tue, Feb 28, 2023 at 4:00 PM | Eventbrite](#)





NYCHA REAL ESTATE SCHOLARS PROGRAM 2023

In partnership with the Schack Institute of Real Estate, Fund for Public Housing, and BFC Partners

APPLICATION DEADLINE:
February 15, 2023

EMAIL NOTIFICATIONS:
SENT ON A ROLLING BASIS

6-WEEK PROGRAM SCHEDULE
SATURDAYS, 1:00 P.M - 4:00 P.M
Location: In-person @ NYU SPS
7 East 12th Street
New York, NY 10003

March 4
March 18
March 25
April 1
April 22
April 29

**FOR PROGRAM DETAILS AND
QUESTIONS, EMAIL:**
sp@hsacademy@nysu.edu
OR CALL: 212-998-7006



SCAN HERE FOR APPLICATION



WHAT: NYU School of Professional Studies High School Academy, in partnership with the Schack Institute of Real Estate, Fund for Public Housing, and BFC Partners, will be offering this FREE program for students interested in exploring the real estate industry! Topics covered include the history of real estate, design and development, real estate underwriting metrics, valuation, project feasibility, sustainability, and property/asset management.

WHO CAN APPLY:

- Current 11th and 12th grade NYC public school students
- Must be residents of NYCHA housing
- Must be able to attend the full 6-week program, from March 4 - April 29

HOW TO APPLY:

- Submit FREE online application
- Upload brief essay, high school transcript or report card
- Application link: <https://bit.ly/11ocv5b>

Program benefits include

- Taking a college-style course
- Certificate of completion from NYU
- Meeting and learning from industry experts
- A \$250 stipend upon completion of the program



BFC PARTNERS



Ready to begin your journey in Tech?

paid internship & gain job exposure

DATA ANALYTICS

FULL-TIME TRAINING

- Excel
- SQL
- Tableau Certifications



Requirements

- Must be 15 years or older
- Not have a major debt
- At least in the 10th grade
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination
- Tech savvy

Tech Training

MUST ATTEND INFO SESSION: THURSDAYS AT 11AM

Where: St. Nick's Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(4th Train to Flushing Avenue and B46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 Ext. 450 or TechLiteracy@stnicksalliance.org

OPERATING FROM 10:00 AM TO 5:00 PM MONDAY-FRIDAY



St. Nick's Alliance
With Community Care



CALLING ALL HIGH SCHOOL STUDENTS
YOUR CHANCE TO WIN
\$2,000



VISUAL ARTS | MEDIA ARTS |
SPOKEN WORD | CREATIVE WRITING

VISIT
EXPRESSIONSCHALLENGE.COM
FOR MORE DETAILS.

EXPRESSIONS

Celebrating Harlem's Music Legacy
AN EVENING OF BLUES, JAZZ & SWING
Live in concert

KING SOLOMON HICKS & CHARLES TURNER

23 FEBRUARY, 2023 - 7.00 PM
FREE | RSVP EVENTBRITE

468 WEST 143RD STREET,
BETWEEN AMSTERDAM & CONVENT

6:00 PM SWING DANCE CLASS
WITH SAM COLEMAN,
LINDY HOP &
FRANKIE MANNING AMBASSADOR

(RESERVE EARLY, LIMITED SPACE!)





Department of
Education

BECOME A SUBSTITUTE PARAPROFESSIONAL IN THE BRONX



Our public school students need you!

- Flexible Schedule
 - short-term and long-term jobs
- \$166.67 per day (based on a 6 Hour 50 Minute school day)
- Based on eligibility and performance, a substitute assignment can lead to full-time paraprofessional employment which includes health insurance and pension

Bronx Hiring Event
February 22-23, 2023



Scan the QR Code to take the

csd7bx Interested in becoming a substitute Paraprofessional?
Please scan the QR Code on the flyer to submit your interes...

Beginner/Intermediate ESOL Health Class

Tuesdays and Thursdays, 5pm – 7pm
Begins February 7 – March 16
Meets online on Zoom.



The library offers FREE Beginner ESOL Classes:

- Classes meet 2 times each week.
- Improve your English.
- Learn health information and resources.
- Practice with other adults learning English.

Registration is required!

Please call 718.230.2007 or email immigrantservices@bklynlibrary.org

This program is administered by the Department of Education, Office of Career and Technical Education, in partnership with the Department of Health and Mental Hygiene, Office of Community Health and Wellness, and the Department of Education, Office of Career and Technical Education, Office of Career and Technical Education, Office of Career and Technical Education, Office of Career and Technical Education.

Bklyn
Public Library | Immigrant
Services

Central Library
10 Grand Army Plaza
Brooklyn, NY 11238
bklynlibrary.org



LITERACY PARTNERS

A Celebration of Toni Morrison

Virtual Events February 2023

Join us for a FREE series of online events honoring Toni Morrison, an American icon whose power of language has inspired generations of readers.



FREE TICKETS

Marathon Reading: *Song of Solomon*

3 Nights | 15 Readers

February 23 - 25

Panel Discussions with TESOL & Toni Morrison Society

February 8: Teaching Toni Morrison

February 22: The Legacy of Toni Morrison

REGISTER ►



bit.ly/BHMTM2023

OUR SPONSORS

Nordson Corporation
Penguin Random House

Howard University Graduate School
Schomburg Center for Research in Black Culture

Toni Morrison Society
TESOL

Black Pen Press
Books Are Magic

Call on Library
The Center for Fiction

Community Bookstore
Greenlight Bookstore

Literacy for Incarcerated Teens
Pioneer New York

Queens Public Library
Unleash Builders

First Step

Next class:
March 13th-
April 21st
*Sign up by
March 9th!

A Free 6-week Job Training Program for Women
Interested in Human Service Careers



Social Service Skills
Stress Management
Conflict Resolution
Narcan Certificate
Empowerment



Computer Skills
Google Suite
Salesforce
LinkedIn
Microsoft



Career Development
Transferable Skills
Interview Prep
Cover Letters
Resumes



Scan
or Call

212-776-2074

For more
info



Requirements

- 18 or over
- Live in NYC
- Fully vaccinated
- HS Diploma/GED
- Identify as female
- US work authorization



coalition
for the
homeless



RESTORATION ONSITE



Financial Literacy Workshop

PS 165 Ida Posner
76 Lott Avenue Brooklyn, NY 11212

February 15, 2023 5pm

Don't miss this opportunity to learn more about:



• BUDGETING & SAVING

PLEASE BRING
PHOTO ID AND
PROOF OF
VACCINATION

RSVP today to secure your seat!

<https://www.eventbrite.com/e/539774609387>

Contact us with any questions!



Michelle Baek, Social Work Director - Ida Posner School
Mbaek@partnershipwithchildren.org | (917) 583-0292



WE ARE HIRING!

JOIN THE TEAM!

DRIVERS LICENSE A REQUIRED
EXPERIENCE DRIVING IN NYC
ABILITY TO LIFT 160 LBS
JACK OF ALL TRADES
LOVE CRAFT BEER!

SEND YOUR RESUME TO:
info@gunhillbrewing.com



GUN HILL
BREWING CO.

JOB FAIR



CAMBA
where you can

FOR MORE
INFORMATION



347-622-3696



Kair@camba.org

TIME & DATE

FEBRUARY 18TH,
2023 | 12PM-5PM

LOCATION

1957 NOSTRAND AVENUE,
BROOKLYN, NY, 11210
LOCATED WITHIN P.S 361

Things you may want to bring:

- An Updated Resume
- Professional Attire

IN PARTNERSHIP
WITH

CAMBA
where you can



NEW YORK CITY COMPTROLLER
BRAD LANDER

cordially invites you to

THE ECONOMIC IMPACT OF BLACK EMPOWERMENT

This Black History Month, join us for a conversation on obstacles and opportunities to financial empowerment for Black New Yorkers, including how the City of New York can open and strengthen pathways to prosperity.

**TUESDAY,
FEBRUARY 28, 2023**
6:00 PM to 8:30 PM

ADAM CLAYTON POWELL, JR.
STATE OFFICE BUILDING
163 West 125th St., NY, NY 10027

To RSVP, please visit <https://black-history2023.eventbrite.com> or call (212) 669-4466.
If you require language interpretation services or other special accommodations, please call (212) 669-4315.

Accessible Facilities  | Printed in-house

KINGSBOROUGH
COMMUNITY COLLEGE

2023 BLMH HEADLINE

Train to become a COMMUNITY HEALTH WORKER

Community Health Workers are important resources for communities and healthcare organizations, connecting individuals and families to services and the information they need to stay healthy and happy.

Coursework

This 144-hour training provides a foundation for diverse careers in health promotion, disease prevention, health service administration, and health education. The training is designed for direct employment and/or transfer to Kingsborough Community College.

Courses:

Introduction to Community Health Services
Critical Issues in Community Health
Concepts of Wellness
Community Health Interventions



Schedule:

Monday - Thursday from 6:00pm-9:00pm
March 13th - June 12th, 2023

**This training is live and online, so you must have dependable and stable Wi-Fi

Eligibility requirements:

- 18 years of age or older
- HS Diploma, GED, or TASC
- Reliable computer with access to Wi-Fi
- Preferred: healthcare work experience

Upon completion, qualified and eligible students will receive:

- Certificate from Kingsborough Community College
- 12 college credits applicable to an A.S. in Community Health at KCC
- Employment readiness counseling and support



Scan the QR code to complete the pre-registration forms and someone will contact you soon!

For more information, contact:
Denise Jacobs
workforce.kcc@kbcc.cuny.edu





 Health for everyone, everywhere!

WE ARE HIRING

Looking for Full Time and Part Time

- Psychiatric Nurse Practitioners (PMHNP)
- Psychologist
- Family Nurse Practitioners
- Medical Assistants (new grads welcomed)

*Bilingual-Spanish speaking is a plus

Do you want to work in a friendly, professional and supportive organization, whose focus is to deliver the best quality care to the community?

Please send your resumes to info@noirwellhealth.com

www.noirwellhealth.com



NEXT TRAINING CYCLE STARTS MARCH 1ST

Fill out the interest form using the link in our bio and email bw@bwiny.org to confirm registration to learn more about this FREE training.

<https://bwiny.org/form/itan.com/BrooklynWoodstarete>





Use your **IDNYC** at NYC libraries, museums, & more.

Renew your card online at nyc.gov/idnyc

BRIDGEFIELD CIVIC LEAGUE INC.

PRESENTS

BLACK HISTORY MONTH

CELEBRATING BLACK WELLNESS

THURSDAY, FEBRUARY 23rd

6-8PM

FREE

BLOOD PRESSURE SCREENING

DIETITIAN

OPHTHALOLOGIST


MENTAL HEALTH

OCCUPATIONAL


EXERCISE/ ZUMBA

WORKSHOP/CPR & more


Food give away




TAMEYA
ZUMBA
INSTRUCTOR




REFRESHMENT
FREE GIVE
AWAY




All Us




DELTA










NYC
HEALTH +
HOSPITALS



MetroPlus Health



SEAF



RESTORATION'S VITA TAX SITE

FREE TAX PREP & FILING

JANUARY 30, 2023 - APRIL 18, 2023

BOOK AN APPOINTMENT TODAY

IN-PERSON & DROP-OFF FILING

Make an appointment, bring in your documents at your scheduled time. Located at 1340 Fulton Street (between Brooklyn & New York Avenues). Take the Nostrand A or Kingston-Throop C train stop.

In-person & Dropoff Filing Hours

Monday - Thursday: 9 am - 7 pm
Friday - Saturday: 9 am - 4 pm
Sunday: Closed

REMOTE FILING

Sign up for an appointment online, where you'll find instructions on how to send your documents. You will need access to text messaging, e-mail, a computer or mobile device with video call access.

Remote Filing Hours

Monday - Thursday: 9 am - 8 pm
Friday: 9 am - 6 pm
Saturday - Sunday: 9 am - 4 pm

Eligibility

- Married and filing jointly?
Anyone with income \$80,000 or less
- With dependents?
Anyone with income \$80,000 or less
- Single?
Anyone with income \$80,000 or less
- Self-employed?
Anyone with expense of \$5,000 or less

Returns We Prepare Electronically

- Tax Years 2019 - 2022
- ITIN
- 1040X Amended Returns

Masks are recommended.

What To Bring

- Government-issued ID (passport, driver's license, etc.)
- Social Security Card(s) from the Social Security Administration, or ITIN letter(s) for yourself and all individuals on your return
- All wage statements (W-2 forms, 1099-R, etc.)
- Documentation of higher education expenses including tuition paid, loans received, student loan interest payments and student fees
- Child care expenses including provider information and tax ID number
- Bank account and routing (ABA) numbers (for direct deposit of refund)
- IRS PIN if you have one (check your mail)

To book an appointment, visit restorationpizza.org or call 929.432.3314

For questions, email: freefaxprep@restorationpizza.org.

Book an appointment for other Restoration services including Financial Counseling, Job Placement and more, when reserving a tax service appointment.



In partnership with



Department of Social Services



ROBIN HOOD



certified

Ready to begin your journey in Tech?

paid internship & gain job exposure

DATA ANALYTICS

FULL-TIME TRAINING

- Excel
- SQL
- Tableau Certifications



Requirements:

- Must be 18 years of age and have a legal right to work in the United States
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination
- Test ready

Tech Training

MUST ATTEND INFO SESSION THURSDAYS AT 11AM

Where: St. Nick's Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 Ext. 450 or TechLiteracy@stnicksalliance.org

1 Preparation Center of 1101
1101 1101 1101 1101

BANK OF AMERICA



UNIDOSUS



St. Nick's Alliance
More Opportunities. Less Wait.



MET COUNCIL SENIORREPAIR

FREE HOME REPAIRS

Met Council's project SeniorRepair enables New Yorkers 60 years and older stay safe at home

Services include installing and repairing:

- | | |
|-------------------------------------|--------------------------------------|
| BATHROOM GRAB BARS | LIGHT BULBS |
| SMOKE AND CARBON MONOXIDE DETECTORS | SINKS AND FAUCETS |
| DOOR LOCKS, HANDLES AND UMBRELLAS | HANDHELD SHOWERHEADS |
| WINDOW LOCKS AND SCREENS | SEWER AND TUB DRAINS |
| WOOD BALANCING | HOLES, CRACKS AND DENTS IN WALL |
| BROKEN TILES | WATERPROOFING TUB AND SHOWER |
| ELECTRICAL OUTLETS AND SWITCHES | WEATHERSTRIPPING DOORS AND AIR UNITS |



... and much, much more!

TO BE ELIGIBLE FOR THIS PROGRAM, YOU MUST

- 60**
years of age or older
- Reside**
in NYC
- \$**
Show financial need

FOR MORE INFORMATION,
PLEASE CALL US AT:

Phone — (929) 292-9267

Fax — (212) 202-5019

Email: cmacal@metcouncil.org

Project SeniorRepair is made possible through critical support from the New York City Council. Project SeniorRepair is funded by the New York City Department for the Aging.



IHOP *Brooklyn*

- Bussers**
FT \$15/Hr
- Cooks**
FT \$17/Hr
- Servers**
FT \$10/Hr + Tips
- Host**
FT \$15/Hr
- Dishwashers**
FT \$15/Hr

Dates & Times
Feb. 20th, 21st, 22nd & 23rd | 10am - 12pm

Requirements:
At least 6 months of food service experience
Must have open availability especially weekends
Must be Professional, dependable, enthusiastic, and friendly
Must have Exceptional Customer Service Skills
Have a strong work ethic; Ability to work a flexible schedule, including weekends and holidays and late if needed.

RSVP for specific dates & times here:
<https://bit.ly/IHOPFeb2023>

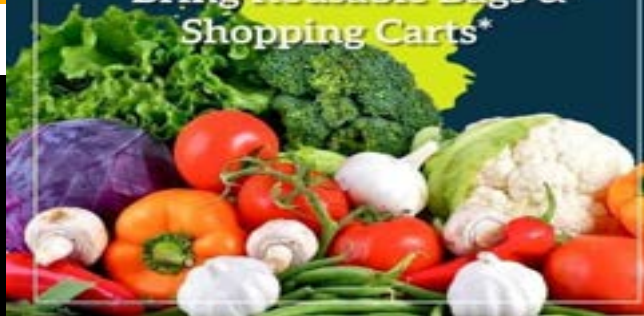


**WE LOVE OUR
COMMUNITY
PANTRY**

Each & Every Wednesday
@ 3PM

**1585 Fulton St
Brooklyn, NY 11213**

*** Bring Reusable Bags &
Shopping Carts***



Open Door Family Life Center

**FOOD
PANTRY**

RESOURCES
FROM MS.PINK



**EVERY SATURDAY - 8:30AM - 10:30AM
999 Greene Avenue, Brooklyn, NY 11221**

www.opendoorflc.org

Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at nyc.gov/WeSpeakNYC



Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: nyc.gov/WeSpeakNYC





NEON SPORTS PRESENTS

BOXING OPEN HOUSE



Learn how you can get involved in free boxing and mentoring classes in the community!

Open to all Brownsville residents ages 9-24.

**Wednesday, Jan 18, 2023
6:30PM at the Van Dyke
Community Center**

Questions? Contact Rodney at rdsmith@probation.nyc.gov

 For requests regarding accessibility or language interpretation services please email disabilityfacilitator@probation.nyc.gov or call 212-510-3882

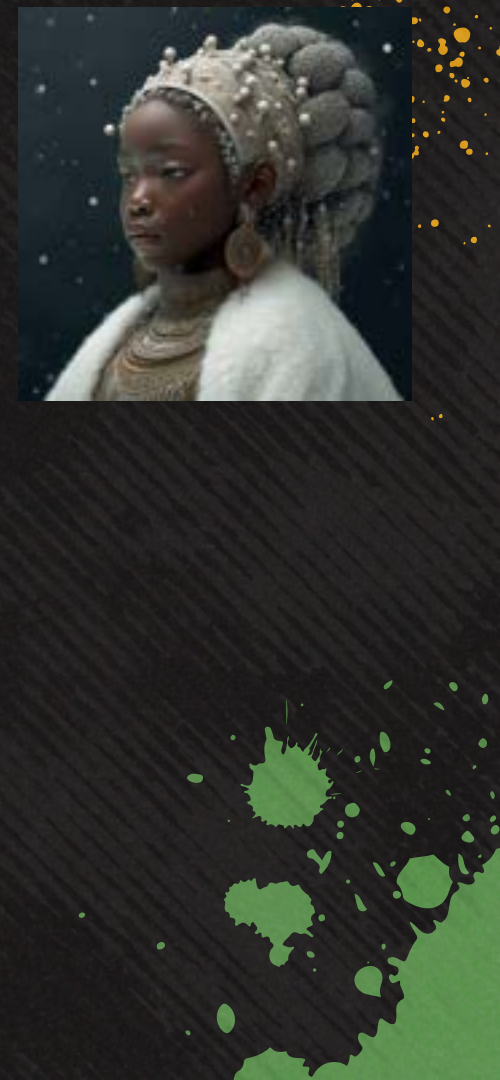



DEAP **MEGA GIVEAWAY**
www.divineexplosionap.org

DISTRIBUTING GENTLY USED CLOTHING, COATS, BABY SUPPLIES PAMPERS AND MORE....

12 noon - 3pm
Saturday February 18, 2023
252 Newport Street, Brooklyn, N.Y. 11212
between Osborn & Watkins
Please bring a bag

To make a donation : Zelle: 347-358-7986
Cashapp:deapgrows



A decorative border surrounds the text, featuring white and black floral motifs, green and red splatters, and elegant scrollwork on a dark grey background.

**PARENTING TIPS &
RESOURCES**

5 Tips For Communicating with your Teen

Let them talk: Teenagers are at an age where they are just beginning to find their voice. Let them talk so that they can become more comfortable with you, and in practicing their ability to speak, more comfortable with themselves

Talk about your teenage experiences: You've been an adult for your teen's whole life. As they struggle with the changes in their lives, level with them and their experiences by talking honestly about your own at their age.

Keep calm: Your teen can drive you up a wall. But when you get angry, you only validate their emotional outbursts. Keep calm, and show them through your actions how an adult communicates. You have to walk the walk before you can talk the talk.

Do Things Together: Big talks can be intimidating to a teen. Doing things together allows you the opportunity to build your relationship so that they feel more comfortable talking openly. Go on hikes, work through a self-book like ours with them, cook together. It's the together part that makes all the difference.

Show them your trust: When you let your teen know you trust them, they'll have the confidence to trust themselves. Give them grown-up opportunities around the house. Let them pick a Saturday activity. When you build a solid level of trust, they'll trust you with their vulnerability.

A photograph of two young women standing side-by-side against a teal background. The woman on the left is wearing a blue jacket over a black and white striped shirt and blue jeans. The woman on the right is wearing a brown and black plaid shirt and blue jeans, and is holding a small black and white dog. The overall image has a decorative, colorful border on the left and bottom edges.

How to Help Siblings Get Along

Coping with conflict and fostering strong bonds

Emphasize the positive aspects of having siblings. Look for group activities that can help them bond, and praise them when they work together or treat each other kindly. You can even give them a special privilege to work toward as a team, like a day trip or special meal that they're all excited about.

It might take some time for kids to get used to the system. Parents can help by providing lots of praise whenever kids follow the rules: "Great job giving your brother the iPad as soon as your turn was over!" It also helps to ignore whining as much as you can, so that kids don't learn that complaining gets them attention. Over time, they'll settle into the rules.

Find the source of the conflict. Siblings often clash over sharing things, like favorite toys, limited space, or parents' attention. You can get ahead of the fight by setting ground rules.

For instance, you might trade off who gets to pick what's on TV or even who gets the last goodnight kiss. Make a schedule, post it somewhere easy to see, and make sure everyone understands the rules.



Sometimes the same rules won't apply to siblings equally — for example, an older child might have a later bedtime. Discussing these differences openly can help kids understand the reasons for rules and accept things that they might initially find unfair. If an older child has more family responsibilities than their younger siblings, check in with them often and make sure they know when to turn to you for support.



HELPFUL ARTICLES ON HOW TO DISCUSS & SUPPORT YOUR CHILD WHEN THERE IS A SCHOOL SHOOTING.



1. **School shootings: How parents can cope with their own fears and anxieties (nbcnews.com)**
2. **How To Talk To Kids About School Shootings > News > Yale Medicine**
3. **What Parents Don't Need to Hear After a School Shooting | Psychology Today**
4. **How to Talk to Kids About Gun Violence (parents.com)**
5. **How to Talk to Your Child About School Shootings (verywellfamily.com)**



A decorative border surrounds the text, featuring white and black floral motifs, leaves, and scrollwork on a yellow background with green and red splatters.

**HEALTH, MENTAL
HEALTH & WELLNESS
TIPS**

BLACK MENTAL HEALTH MATTERS



Education & Access to Resources

- **Couched in Color** @couchedincolorpod
- **Mental Health America** @mentalhealthamerica
- **American Foundation for Suicided Preventio**
@afspnational
- **NAMI** @namicomunicate
- **Inclusive Therapists** @inclusivetherapists

#blackhistorymonth

Education & Access to Resources

- **Black Emotional and Mental Health Collective**
@_beamorg
- **The Boris Lawrence Henson Foundation**
@blhensonfoundation
- **Black Mental Health Alliance**
@black_minds_matter_
- **Black Mental Wellness** *@blackmentalwellness*
- **Eustress** *@eustressinc*

Youth Focused

- **AAKOMA Project** *@aakomaproject*
- **The Steve Fund** *@thestevefund*
- **Silence the Shame** *@silencetheshame*
- **7 Cups** *@7cups*

Black & LGBTQ

- **The Trevor Project** *@trevorproject*
- **The National Queer & Trans Therapists
of Color Network** *@nqttn*



Female Focused

- **Black Girls Smile** *@blackgirlssmile*
- **Love Land Foundation** *@thelovelandfoundation*
- **Pretty Brown Girls** *@prettybrowngirls*
- **Therapy for Black Girls** *@therapyforblackgirls*

Male Focused

- **Therapy for Black Men** *@therapyforblkmen*
- **TheBlackManCan** *@theblackmancan*



Need to talk?

Crisis Text Line:
Text GOT5 to 741741

988 Crisis Lifeline:
Call/Text 988 or chat
988lifeline.org

Trevor Lifeline:
1-866-488-7386
Trevor Text:
Text START to 678678



Office of
Mental Health

A NEW CRISIS RESOURCE FOR NY



Office of
Mental Health



Black History Month

BLACK MENTAL HEALTH DIRECTORY



BLACK MENTAL HEALTH DIRECTORY

EDUCATION & ACCESS TO RESOURCES

ARPA: A collective of Black psychologists whose mission is to promote the advancement of African psychology and influence social change.

American Foundation for Suicide Prevention: A non-profit organization with the mission to save lives and bring hope to those affected by suicide.

Black Emotional and Mental Health Collective (BEAM): A non-profit movement dedicated to creating a world where there are no barriers to Black healing.

Black Mental Health Alliance: An organization developing and promoting culturally-relevant educational forums, trainings, and referral services for the health and well-being of Black people.

Black Mental Wellness: A corporation providing information about mental health topics, increasing the diversity of mental health professionals, and decreasing mental health stigma in the Black community.

The Boris Lawrence Hanson Foundation: A non-profit with the mission to improve mental health in Black communities by building culturally-competent resources, programs, and education across the country.

BLACK MENTAL HEALTH DIRECTORY

WOMEN-FOCUSED

Black Girls Smile: A non-profit organization dedicated to empowering & supporting the mental health of Black girls & young women.

Loveland Foundation: An organization whose mission is to promote mental health healing for Black women and girls.

Pretty Brown Girl: A national movement to empower Black and Brown girls while encouraging self-acceptance by cultivating social, emotional & intellectual well-being.

Therapy for Black Girls: An organization committed to creating mental health accessibility for Black women and girls.

MEN-FOCUSED

TheBlackManCan: A brand and trust creating and amplifying stories that showcase what Black men & boys can do.

Therapy for Black Men: An organization committed to breaking the stigma for Black men seeking mental health support.



BLACK MENTAL HEALTH DIRECTORY

EDUCATION & ACCESS TO RESOURCES

Center for Healing Racial Trauma: An organization whose goal is to heal racial trauma through love, liberation, equity, and creativity.

The Couches in Color Podcast: A podcast hosted by Dr. Alfiie aimed at promoting conversation about mental health in diverse communities.

Eustress: An organization starting conversations about mental health with members of the Black community at large, paying special attention to students, young adults, and athletes.

Mental Health America: A non-profit organization dedicated to helping people live mentally healthier lives.

NAMI: The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

One Mind: A non-profit project whose goal is to help individuals utilize technology in a way that is mentally healthy.

Vibrant Emotional Health: An organization aimed at creating accessible mental health support to help individuals and families achieve emotional wellbeing.

BLACK MENTAL HEALTH DIRECTORY

THERAPY NETWORKS & SERVICES

Ayana Therapy: An organization whose mission is to end structural racism and systematic oppression in mental health care for marginalized communities.

Inclusive Therapists: A mental health service that promotes therapy that celebrates all identities, abilities, and bodies.

Open Path Collective: A psychotherapy collective that seeks to make therapy accessible by offering services at a reduced rate.



BLACK MENTAL HEALTH DIRECTORY

YOUTH-FOCUSED

The AAKOMA Project: An organization whose mission is to empower youth and their families to seek help managing their mental health.

Silence the Shame: An organization whose mission is to empower and educate communities on mental health and wellness.

Steve Fund: An organization whose focus is to support the mental health and emotional wellbeing of young people of color.

Z.Cups: A peer-to-peer mental health community of kind, compassionate listeners who provide anonymous and free emotional support.

LGBTQ+-FOCUSED

The National Queer & Trans Therapists of Color Network: A healing justice organization that actively works to transform mental health for QTPOC.

The Trevor Project: A non-profit organization aimed at the mental health support and suicide prevention of people identifying as LGBTQIA+, with resources available on intersectional identities.





GET BACK TO FRIENDS



COVID-19 vaccines are safe, effective and will help us all get back to the people and activities we have missed.

GET THE FACTS. GET THE VAX.

NYC VACCINE FOR ALL!
SAFE, FREE, EASY

To get the facts about COVID-19 vaccines, visit nyc.gov/covidvaccine.
Visit nyc.gov/vaccinefinder or call 877-VAX-4NYC (877-829-4692)
to find a vaccination site to get your COVID-19 vaccine.

NYC
Health

Bill de Blasio
Mayor
Dore A. Cheng, MD, MSc
Commissioner



BlackLine

1-800-604-5841

CALL BLAeKLINE

*This resource is divested from the police. BlackLine provides a space for peer support, counseling, witnessing and affirming the lived experiences of folks who are most impacted by systematic oppression with an LGBTQ+ Black femme lens.





Lost your CDC vaccination card? If you got vaccinated in NYC, you can download your official immunization records with My Vaccine Record! These are official reports that can be used as proof of your COVID-19 vaccination:

<http://on.nyc.gov/myvaccinerecord>



NYC 24-Hour Domestic Violence Hotline: 1-800-621-HOPE

**DOMESTIC
VIOLENCE
SUPPORT**

Survivors of domestic violence may receive temporary housing, emergency shelter and supportive services for themselves and their children. All programs provide a safe environment as well as counseling, advocacy and referral services.

Domestic violence and abuse can include:

- Hitting, slapping, kicking or using any other kind of physical violence against you
- Forcing you to have sex when you don't want to, or to do sexual things you don't want to do
- Threatening to hurt you, your children, or someone else you care about or your pet
- Constantly insulting and criticizing you
- Stalking, obsessively checking up on or otherwise trying to control your behavior

If you or someone you know is experiencing this kind of behavior from a partner, please call New York City's 24 hour Domestic Violence Hotline, 1-800-621-HOPE.



Black Mental Health Resources:

BEAM
beam.community

Black Mental Wellness
blackmentalwellness.com

Black Mental Health Alliance
blackmentalhealth.com

Black Men Heal
blackmenheal.org

Melanin and Mental Health
melaninandmentalhealth.com

Sista Afya
sistaafya.com

Therapy for Black Girls
therapyforblackgirls.com

Assoc. of Black Psychologists
abpsi.org

Aakoma Project
aakomaproject.org

Boris Henson Foundation
borishensonfoundation.org

Innopsych
innopsych.com

Inclusive Therapists
inclusivetherapists.com

The Loveland Foundation
thelovelandfoundation.org

Ourselves Black
ourselvesblack.com

QTPOC
nqttn.com/directory

Black Female Therapists
blackfemaletherapists.com



The social impact of food allergies on families:

- 89% have avoided certain restaurants
- 82% have changed family traditions to accommodate food allergies
- 53% have skipped out on an important school function
- 45% have avoided airline travel

#morethanfoodallergies
kidswithfoodallergies.org/awareness

Source: My Life With Food Allergies Survey, April 2018



A decorative border surrounds the text, featuring various floral motifs such as daisies, leaves, and stylized scrolls in white, black, and red against a yellow and green background with splatters.

**BECOME A MEMBER OF THE
PARENT LEADERSHIP COUNCIL
(PLC)**



OPEN POSITIONS ON THE PARENT LEADERSHIP COUNCIL (PLC)



LOOKING FOR PARENT LEADERSHIP

COUNCIL MEMBERS!

WHAT POSITIONS ARE OPEN?



WE'RE LOOKING FOR:

- PLC VICE- PRESIDENT
- PLC TREASURER
- PLC FUNDRAISER
- PLC PARENT VOLUNTEERS

FOR MORE INFORMATION
EMAIL MS. PINK AT
mpink@thewcs.org



Parent Involvement is so important for our scholars at the High School Level. Join Us & Make a Difference!

PUESTOS ABIERTOS EN EL CONSEJO DE LIDERAZGO DE PADRES (PLC)



¡BUSCAMOS MIEMBROS PARA EL CONSEJO DE LIDERAZGO!

¿QUÉ PUESTOS ESTÁN ABIERTOS?



BUSCAMOS

- VICE- PRESIDENTE DEL PLC
- TESORERO A DEL PLC
- RECOGEDOR DE FONDOS DEL PLC
- PADRES VOLUNTARIOS DEL PLC

PARA MÁS INFORMACIÓN
MANDE UN EMAIL A
mpink@thewcs.org



La participación de los padres es muy importante para nuestros estudiantes en el nivel de la escuela secundaria. Únete a nosotros y marca la diferencia!





Black Excellence

SCAVENGER HUNT

*THIS MONTH DO A
BLACK EXCELLENCE
SCAVENGER HUNT
WITH YOUR FAMILY &
FRIENDS.*



ICECREAM PARLOR	LIVE BAND PERFORMANCE	BEAUTY SALON	WELLNESS CENTER	MUSIC STORE
SOUL FOOD RESTAURANT	JAZZ MUSIC LOUNGE	MENTAL HEALTH ADVOCATE	BOOKSTORE	NAIL TECHNICIAN
LGBTQIA2S+ ADVOCATE	FOOD TRUCK		FITNESS INSTRUCTOR	ART EXHIBIT
CLOTHING STORE	AESTHETICIAN	BAKERY	JEWELRY CREATOR	FLOWER NURSERY
ACADEMIC TUTOR	YOGA STUDIO	HISTORIC STATUE	100% VEGAN RESTAURANT	EDUCATOR



Family
Engagement



**FAMILIES,
I HOPE YOU FOUND THIS PACKET
HELPFUL. **OUR NEXT VIRTUAL
PARENT LEADERSHIP COUNCIL
(PLC) MEETING WILL TAKE PLACE
ON February 16th, 2023 AT 6pm.**
YOUR VOICE AND CONCERNS
MATTER. FAMILY ENGAGEMENT IS
VERY VITAL WITHIN OUR SCHOOL
COMMUNITY. PLEASE ATTEND OUR
MEETING AND CONSIDER JOINING
THE PLC. WE ARE LOOKING FOR A
VICE- PRESIDENT, SECRETARY,
TREASURER & FUNDRAISER. ALL
INTERESTED PARTIES PLEASE
EMAIL ME. REMEMBER, I'M JUST AN
EMAIL AWAY. HAVE A WONDERFUL
DAY!**

**WARM REGARDS,
MS. PINK**



it takes lots
of
sparkle
to be a
parent
coordinator